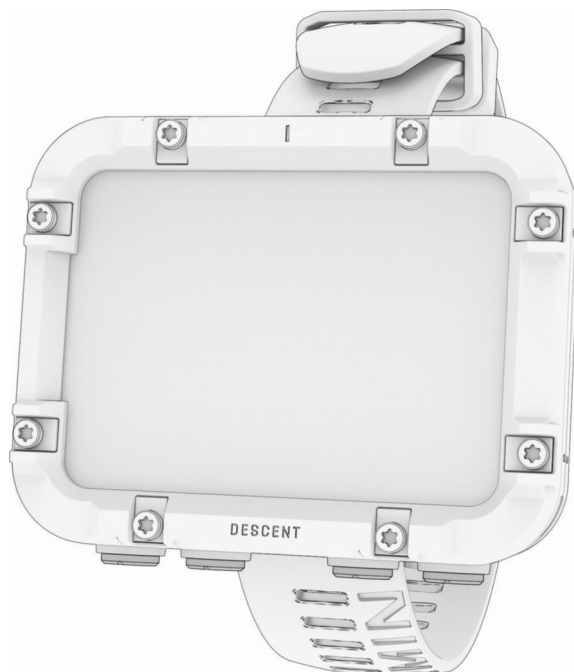


**GARMIN®**



# Descent™ X30

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## Owner's Manual

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M/N: A05071

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# Introduction

## ⚠ WARNING

See the *Important Safety and Product Information* guide in the product box for product warnings and other important information.

## Getting Started

When using your dive computer for the first time, you should complete these tasks to set it up and get to know the basic features.

- 1 Hold **PWR** for at least one second to turn on the dive computer ([Device Overview, page 1](#)).
- 2 Follow the on-screen instructions to complete the initial setup.  
During the initial setup, you can pair your phone with your dive computer to receive notifications, sync your data, and more ([Pairing Your Phone, page 24](#)).
- 3 Charge the dive computer ([Charging the Device, page 27](#)).
- 4 Start a dive ([Going Diving, page 11](#)).

## Device Overview











- ① **BACK / PWR**
  - Press to return to the previous screen.
  - Hold to turn on the dive computer.
  - Hold to view the controls menu ([Controls, page 2](#)).
- ② **PREV**
  - Press to scroll through menus or data screens.
- ③ **NEXT**
  - Press to scroll through menus or data screens.
- ④ **ENTER**
  - Press to choose an option in a menu.
  - During a dive, press to view the in-dive menu.

## Controls

The controls menu lets you quickly access device features and options.

From any screen, hold **BACK**.

Control	Description
	Select to return to the home screen.
	Select to adjust the brightness and display settings ( <a href="#">Display and Brightness Settings, page 25</a> ).
	Select to enable pool dive mode ( <a href="#">Using the Pool Dive Mode, page 4</a> ).
	Select to lock the buttons to prevent inadvertent presses.
	Select to enable Bluetooth® technology and connect to a compatible phone ( <a href="#">Pairing Your Phone, page 24</a> ).
	Select to save your current location to navigate back to it later ( <a href="#">Navigation, page 23</a> ).
	Select to open the settings menu ( <a href="#">Settings, page 24</a> ).
	Select to turn off the dive computer.

## Diving

### WARNING

Failure to heed the following warnings could result in an accident or medical event resulting in death or serious injury.

## Dive Warnings

- The diving features of this device are for use by certified divers only. This device should not be used as a sole dive computer. Failure to input the appropriate dive-related information into the device can lead to serious personal injury or death.
  - Do not exceed the maximum dive depth rating for the device ([Specifications, page 31](#)).
  - Make sure that you fully understand the use, displays, and limitations of your device. If you have questions about this manual or the device, always resolve any discrepancies or confusion before diving with the device. Always remember that you are responsible for your own safety.
  - There is always a risk of decompression illness (DCI) for any dive profile even if you follow the dive plan provided by the dive tables or a diving device. No procedure, diving device, or dive table will eliminate the possibility of DCI or oxygen toxicity. An individual's physiological make up can vary from day to day. This device cannot account for these variations. You are strongly advised to remain well within the limits provided by this device to minimize the risk of DCI. You should consult a physician regarding your fitness before diving.
  - Always use backup instruments, including a depth gauge, submersible pressure gauge, and timer or watch. You should have access to decompression tables when diving with this device.
  - Perform pre-dive safety checks, such as checking proper device function and settings, display function, battery level, tank pressure, and bubble checks to check hoses and connections for leaks.
  - This device should not be shared between multiple users for diving purposes. Diver profiles are user specific, and using another diver's profile can result in misleading information that could lead to injury or death.
  - For safety reasons, you should never dive alone. Dive with a designated buddy, even if you have someone monitoring your dive from the surface. You should also stay with others for an extended time after a dive, because the potential onset of decompression illness (DCI) may be delayed or triggered by surface activities.
  - This device is not intended for commercial or professional dive activities. It is for recreational purposes only. Commercial or professional dive activities can expose the user to extreme depths or conditions that increase the risk of DCI.
  - Do not dive with a gas if you have not personally verified its contents and input the analyzed value to the device. Failure to verify tank contents and input the appropriate gas values to the device will result in incorrect dive planning information and could result in serious injury or death.
  - Diving with more than one gas mixture presents a much greater risk than diving with a single gas mixture. Mistakes related to the use of multiple gas mixtures may lead to serious injury or death.
  - Always ensure a safe ascent. A rapid ascent increases the risk of DCI.
  - Disabling the deco lockout feature on the device can result in an increased risk of DCI, which can result in personal injury or death. Disable this feature at your own risk.
  - Violating a required decompression stop may result in serious injury or death. Never ascend above the displayed decompression stop depth.
  - Always perform a safety stop between 3 and 5 meters (9.8 and 16.4 feet) for 3 minutes, even if no decompression stop is required.
-

## Dive Modes

The Descent X30 dive computer supports multiple dive modes. Each dive mode has four phases: dive pre-check, surface display, in-dive, and post-dive. During the pre-dive check, you can confirm the dive settings before you start diving ([Dive Setup, page 4](#)). The surface phase shows the data screens for the dive mode ([Dive Data Screens, page 7](#)). The in-dive phase shows data about the dive in progress, and other device features, such as GPS, are disabled ([Going Diving, page 11](#)). During the post-dive review, you can view a summary of the completed dive ([Viewing the Dive Log App, page 17](#)).

**Single-Gas:** This mode allows you to dive with a single gas blend. You can set up to 11 additional gases as backup gases.

**Multi-Gas:** This mode allows you to configure multiple gas blends and switch gases during your dive. You can set the oxygen content from 5–100%. This mode supports one bottom gas, and up to 11 additional gases as decompression or backup gases.

**NOTE:** No-decompression limit (NDL) and time to surface (TTS) decompression calculations include the use of bottom gas and decompression gas. Backup gases are not used in NDL and TTS calculations until you activate them during a dive.

**Gauge:** This mode allows you to dive with basic bottom timer features.

**NOTE:** After diving in gauge mode, the dive computer can only be used in gauge mode for 24 hours.

## Using the Pool Dive Mode

When the device is in pool dive mode, the tissue load and decompression lockout features function normally, but dives are not saved to the dive log.

1 Hold **BACK** to view the controls menu.

2 Select .

The pool dive mode turns off automatically at midnight.

## Dive Setup

You can customize the dive settings based on your needs. Not all settings are applicable for all dive modes. You can also edit the settings before you start a dive.

Select **Dive Setup**.

**Gases:** Sets the gas blends used in the gas dive modes ([Setting Up Your Breathing Gases, page 5](#)). You can have up to twelve gases for each gas dive mode.

**Conservatism:** Sets the level of conservatism for decompression calculations. Higher conservatism provides a shorter bottom time and a longer ascent time. The Custom option sets a custom gradient factor.

**NOTE:** Make sure you understand gradient factors before entering a custom level of conservatism.

**Water Type:** Sets the water type.

**PO2:** Sets the partial pressure of oxygen (PO2) thresholds, in bar, for the maximum operating depth (MOD), decompression, warnings, and critical alerts ([Setting PO2 Thresholds, page 6](#)).

**Scuba Alerts:** Sets custom alerts for gas dives ([Setting a Custom Dive Alert, page 6](#)).

**Display Settings:** Customizes the data screens for each dive mode ([Dive Data Screens, page 7](#)).

**Safety Stop:** Changes the safety stop duration.

**Last Deco Stop:** Sets the depth of the final decompression stop.

**End Dive Delay:** Sets the length of time before the device ends and saves a dive after surfacing.

**Dive Shortcuts:** Assigns button shortcuts for use during dives ([Dive Setup, page 4](#)).

**Advanced Settings:** Customizes advanced dive mode settings ([Dive Mode Advanced Settings, page 5](#)).

## Dive Mode Advanced Settings

Select **Dive Setup > Advanced Settings**.

**Double Tap to Scroll:** Enables a double-tap on the dive computer to scroll through the dive data screens. If you notice accidental scrolling, you can use the Sensitivity option to adjust the responsiveness.

**Silent Diving:** Disables all tones and vibrations for alerts during dive activities.

**Compass:** Calibrates and set the north reference of the dive compass ([Calibrating the Compass, page 22](#)).

**No-Fly Time:** Sets the no-fly countdown timer mode ([No-Fly Time, page 7](#)).

**Units:** Sets the distance, depth, and temperature units of measure for diving.

**Deco Lockout:** Disables the decompression lockout feature. This feature prevents gas dives for 24 hours if you violate a decompression ceiling for more than three minutes.

**NOTE:** You can still disable the decompression lockout feature after violating a decompression ceiling.

## Setting Up Your Breathing Gases

You can enter up to twelve gases for each gas dive mode. Decompression calculations include your decompression gases, but do not include your backup gases.

1 Select **Dive Setup > Gases**.

2 Select a dive mode.

3 Select the first gas in the list.

For single-gas or multi-gas dive modes, this is the bottom gas.

4 Select **Oxygen**, and enter the oxygen percentage of the gas blend.

5 Select **Helium**, and enter the helium percentage of the gas blend.

The dive computer calculates the remaining percentage as the nitrogen content.

6 Press **BACK**.

7 Select an option:

**NOTE:** Not all options are available for all dive modes.

- Select **Add Backup**, and enter the oxygen and helium percentage for your backup gas.
- Select **Add New**, enter the oxygen and helium percentage, and select **Mode** to set the intended use for the gas, such as decompression or backup.

**NOTE:** For the multi-gas dive mode, you can select **Set as Travel Gas** to set your intended gas for descending.

## Setting a Custom Dive Alert

1 Select **Dive Setup > Scuba Alerts**

2 Select an option:

- Select **Add Alert** to add a new alert.
- Select the alert name to edit an existing alert.

3 If necessary, enable the alert.

4 Select an option:

**NOTE:** Not all options are available for all alert types.

- Select **Depth** to specify the depth that should trigger the alert.
- Select **Label** to enter a name for the alert.
- Select **Time** to specify the time interval that should trigger the alert.
- Select **Interval** to specify if the alert should trigger once or at a repeat interval.
- Select **Direction** to specify if the alert should be enabled for ascending, descending, or both.
- Select **Dive Types** to specify which dive modes should allow the alert to trigger.
- Select **Sound and Vibe** to set the alert tone, vibration, or neither.
- Select **Pop-up** to enable a pop-up notification for the alert.
- Select **Preview Alert** to see how the alert appears and sounds during a dive.

## Setting PO2 Thresholds

You can configure the partial pressure of oxygen (PO2) alert message thresholds, in bar.

1 Select **Dive Setup > PO2**.

2 Select an option:

- Select **MOD/Deco PO2** to set the maximum operating depth (MOD) and decompression PO2 threshold for your planned bottom gas before you should begin your ascent and switch to the decompression gas with the highest percentage of oxygen.

**NOTE:** The dive computer does not switch gases for you automatically. You must select the gas.

- Select **PO2 Warning** to set the threshold for the highest oxygen concentration level that you are comfortable reaching.
- Select **PO2 Critical** to set the threshold for the maximum oxygen concentration level that you should reach.

3 Enter a value.

If you reach the PO2 Critical threshold value during a dive, the dive computer displays an alert message ([Dive Alerts, page 20](#)).

## No-Fly Time


After a dive, you may need to wait several hours before it is safe to fly on an airplane. To indicate your remaining no-fly time, ✈ appears on the home screen. You can view more details in the surface interval app ([Viewing the Surface Interval App, page 16](#)).

Select **Dive Setup > Advanced Settings > No-Fly Time**.

No-Fly Time Mode	Dive Type	No-Fly Time
Standard or 24 Hours	Dive duration of 3 minutes or less or depth of 5 m (15 ft.) or less.	0 hours
Standard	Non-decompression dive more than 48 hours since the previous dive.	12 hours
Standard	Multiple non-decompression dives within 48 hours.	18 hours
Standard	Dive with a completed decompression stop.	24 hours
24 Hours	Non-gauge dive that did not violate the decompression plan.	24 hours
Standard or 24 Hours	Gauge dive or a dive that violated the decompression plan.	48 hours

## Customizing the Data Screens

You can show, hide, and change the layout and content of data screens for each dive mode.

- 1 Select **Dive Setup > Display Settings**.
- 2 Select a dive mode to customize.
- 3 Select **Data Screens**.
- 4 Select a data screen to customize.
- 5 Select .
- 6 Select an option:
  - Select **Layout** to adjust the number of data fields on the data screen.
  - Select **Data Fields**, and select a field to change the data that appears in the field.  
**TIP:** For a list of all the available data fields, go to [Data Fields, page 32](#).
  - Select **Reorder** to change the location of the data screen in the loop.
  - Select **Remove** to remove the data screen from the loop.**NOTE:** Not all options are available for each data screen.
- 7 If necessary, select **Add New** to add a data screen to the loop.  
You can add a custom data screen, or select one of the predefined data screens.

## Dive Data Screens

You can press **NEXT** or double-tap the device to scroll through the data screens.

In the activity settings, you can reorder the default data screens, add a dive stopwatch, and add custom data screens ([Customizing the Data Screens, page 7](#)). You can customize the data fields on some of the data screens.

### Single-Gas Data Screens

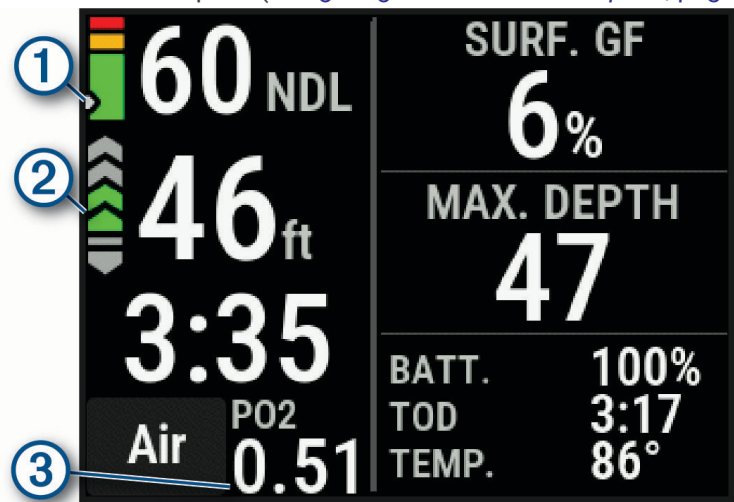
The primary data screen for the single-gas dive mode displays the main dive data, including your breathing gas, rate of ascent or descent, and current depth. You can press **NEXT** to view the dive compass ([Navigating with the Dive Compass, page 12](#)) and additional data, such as your maximum depth, time to surface (TTS), the time of day, and the current temperature.



①	<p>Your nitrogen (N2) and helium (He) tissue load level.</p> <p>Green: 0 to 79% tissue load.</p> <p>Yellow: 80 to 99% tissue load.</p> <p>Red: 100% or greater tissue load.</p>
②	<p>Your rate of ascent.</p> <p>Green: Good. Ascent is less than 7.9 m (26 ft.) per minute.</p> <p>Yellow: Moderately high. Ascent is between 7.9 and 10.1 m (26 and 33 ft.) per minute.</p> <p>Red: Too high. Ascent is greater than 10.1 m (33 ft.) per minute.</p>
③	<p>Your partial pressure of oxygen (PO2) level.</p>

Multi-Gas Data Screens

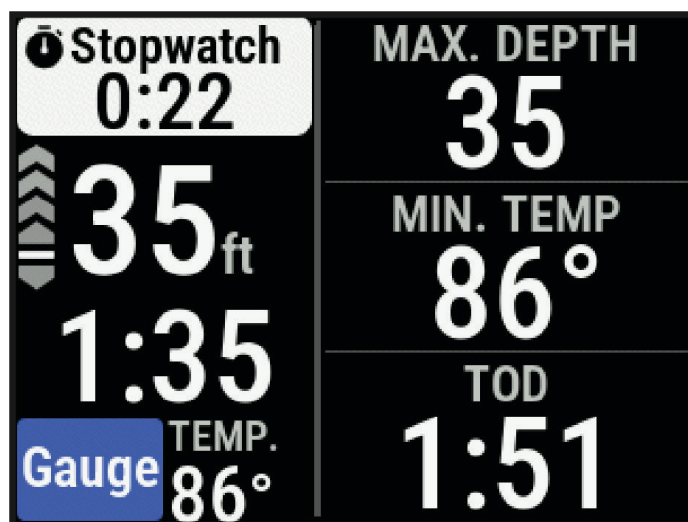
The primary data screen for the multi-gas dive mode displays the main dive data, including your breathing gas, rate of ascent or descent, maximum depth, surface gradient factor, the time of day, and the current temperature. You can press **NEXT** to view the dive compass ([Navigating with the Dive Compass, page 12](#)).



①	<p>Your nitrogen (N2) and helium (He) tissue load level.</p> <div><div></div>Green: 0 to 79% tissue load.</div> <div><div></div>Yellow: 80 to 99% tissue load.</div> <div><div></div>Red: 100% or greater tissue load.</div>
②	<p>Your rate of ascent.</p> <div><div></div>Green: Good. Ascent is less than 7.9 m (26 ft.) per minute.</div> <div><div></div>Yellow: Moderately high. Ascent is between 7.9 and 10.1 m (26 and 33 ft.) per minute.</div> <div><div></div>Red: Too high. Ascent is greater than 10.1 m (33 ft.) per minute.</div>
③	<p>Your partial pressure of oxygen (PO2) level.</p>

## Gauge Data Screens

The primary data screen for the gauge dive mode displays data for the current dive, including your maximum depth, the lowest temperature during the dive, the time of day, and the stopwatch ([Using the Gauge Dive Stopwatch, page 12](#)). You can press **NEXT** to view the full screen dive compass ([Navigating with the Dive Compass, page 12](#)).



## Going Diving

### NOTICE

If you store the dive computer while it is still wet, it may inadvertently turn on and drain the battery.

**NOTE:** By default, the dive computer turns on automatically when it detects water ([Disabling the Auto-boot When Wet Setting, page 26](#)).

- 1 If necessary, select **Dive Mode**, and select a dive mode.
- 2 Select **Start Dive With**.
- 3 Review the dive setup options, and if necessary, select **View All Setup** to edit the dive settings ([Dive Setup, page 4](#)).
- 4 Wait with your arm out of the water until the dive computer acquires GPS signals and **GPS** turns green (optional).

The dive computer requires GPS signals to save your dive entry location.

- 5 Select **Confirm**.
- 6 Descend to start your dive.

The activity timer starts automatically when you reach a depth of 1.2 m (4 ft.).

**NOTE:** If you start a dive without selecting a dive mode, the dive computer uses the most recently used dive mode and settings.

- 7 Select an option:
  - Press **NEXT** to scroll through the data screens and dive compass.  
**TIP:** You can also double tap the device to scroll through the data screens.
  - Press **ENTER** to view the in-dive menu.
- 8 When you are ready to end the dive, ascend to the surface.
- 9 Keep your arm out of the water so the dive computer can acquire GPS signals and save your dive exit location (optional).
- 10 Wait for the **DIVE END** timer to count down.

**NOTE:** When you ascend to 1 m (3.3 ft.), the DIVE END timer begins counting down ([Dive Setup, page 4](#)). You can press ENTER, and select Stop Dive to stop the dive before the timer elapses.

The dive computer saves the dive activity.

**TIP:** You can view your diving history in the dive log app ([Viewing the Dive Log App, page 17](#)).

Dry off the dive computer.

## Navigating with the Dive Compass

- 1 During a dive, scroll to the dive compass.

**NOTE:** The appearance of the dive compass may vary if you view it in a data field.



The compass indicates your directional heading ①.

- 2 Press **ENTER**.
- 3 Select **Compass**.
- 4 Select an option:
  - To set the heading, select **Set Heading**.  
The compass indicates deviations ③ from the set heading ②.
  - To set the heading again, select **Change Heading**.
  - To change the heading by 180 degrees, select **Set to Recip..**  
**NOTE:** The compass indicates the reciprocal heading with a red mark.
  - To set to a 90-degree heading left or right, select **Set to 90L** or **Set to 90R**.
  - To delete the heading, select **Clear Heading**.

## Using the Gauge Dive Stopwatch

- 1 Start a **Gauge** dive.
- 2 Press **ENTER**.
- 3 Select **Start Stopwatch**.
- 4 Select an option:
  - To stop using the stopwatch, press **ENTER**, and select **Stop Stopwatch**.
  - To restart the stopwatch, press **ENTER**, and select **Reset Stopwatch**.

## Switching Gases During a Dive

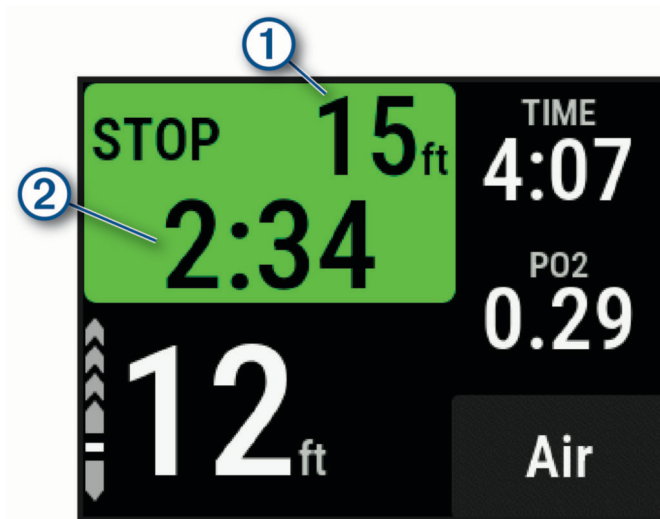
- 1 Start a gas dive activity.
- 2 Select an option:
  - Press **ENTER**, select **Gas**, and select a backup or decompression gas.  
**NOTE:** If necessary, you can select **Add New** and enter a new gas.
  - Dive until you reach the **MOD/Deco P02** threshold ([Setting P02 Thresholds](#), page 6).  
The dive computer prompts you to switch to the gas with the highest percentage of oxygen.  
**NOTE:** The dive computer does not switch gases for you automatically. You must select the gas.

## Performing a Safety Stop

You should perform a safety stop during every dive to help reduce the risk of decompression sickness.

- 1 After a dive of at least 11 m (35 ft.), ascend to 5 m (15 ft.).

Safety stop information appears on the data screens.



①	The safety stop ceiling depth.
②	The safety stop timer. When you are within 1 m (5 ft.) of the ceiling depth, the timer starts counting down.

- 2 Stay within 2 m (8 ft.) of the safety stop ceiling depth until the safety stop timer reaches zero.

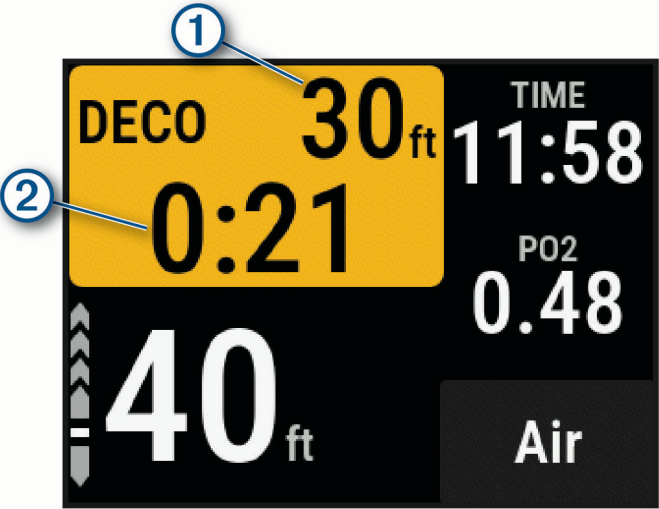
**NOTE:** If you ascend more than 3 m (8 ft.) above the safety stop ceiling depth, the safety stop timer pauses, and the device alerts you to descend below the ceiling depth. If you descend below 11 m (35 ft.), the safety stop timer resets.

- 3 Continue ascending to the surface.

### Performing a Decompression Stop

You should always perform all the required decompression stops during a dive to help reduce the risk of decompression sickness. Missing a decompression stop adds significant risk.

- 1 When you exceed the no-decompression limit (NDL) time, begin your ascent.  
Decompression stop information appears on the data screens.



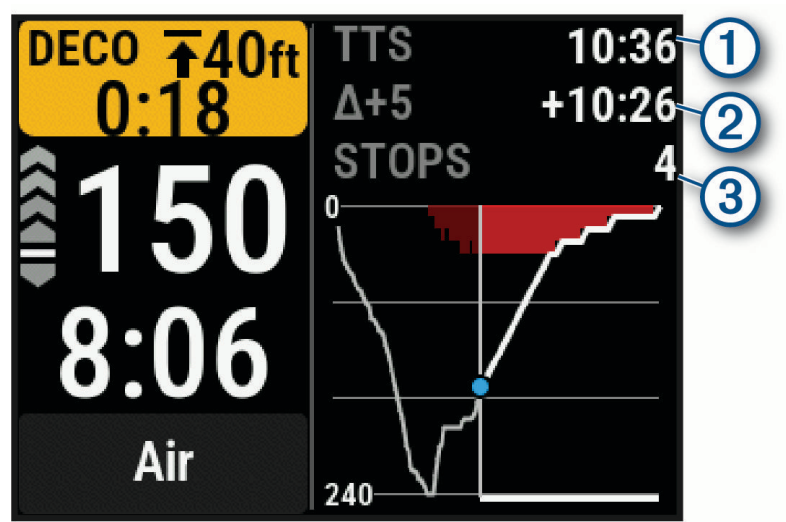
①	The decompression stop ceiling depth.
②	The decompression stop timer.

- 2 Stay within 0.6 m (2 ft.) of the decompression stop ceiling depth until the decompression stop timer reaches zero.  
**NOTE:** If you ascend more than 0.6 m (2 ft.) above the decompression stop ceiling depth, the decompression stop timer pauses, and the device alerts you to descend below the ceiling depth. The depth and ceiling depth flash red until you are within the safe margin.
- 3 Continue ascending to the surface or the next decompression stop.

### Viewing Your Dynamic Depth

During a gas dive, the dynamic depth data screen displays your depth profile for the dive so far, along with the projected ascent plan to the surface. The ascent plan shows required decompression stops or the safety stop (if configured), as well as upcoming gas switches.

During a gas dive, press **NEXT** to view the dynamic depth data screen.



①	The amount of time required to safely ascend to the surface, including decompression stops.
②	The difference between the amount of time required to safely ascend to the surface, and the amount of time required to safely ascend to the surface if you remain at your current depth for five minutes. When you are not in a decompression stop, this field is replaced with the NDL Δ 3M or NDL Δ 10FT data field. This is your No Decompression Limit (NDL) time if you ascend 3 m (10 ft.) from your current depth.
③	Your upcoming stops.

### Marking a Dive Event

You can use the bookmark shortcut to mark an event during your dive. For example, you can use it to mark when you see a point of interest or reach a specific point in the dive.

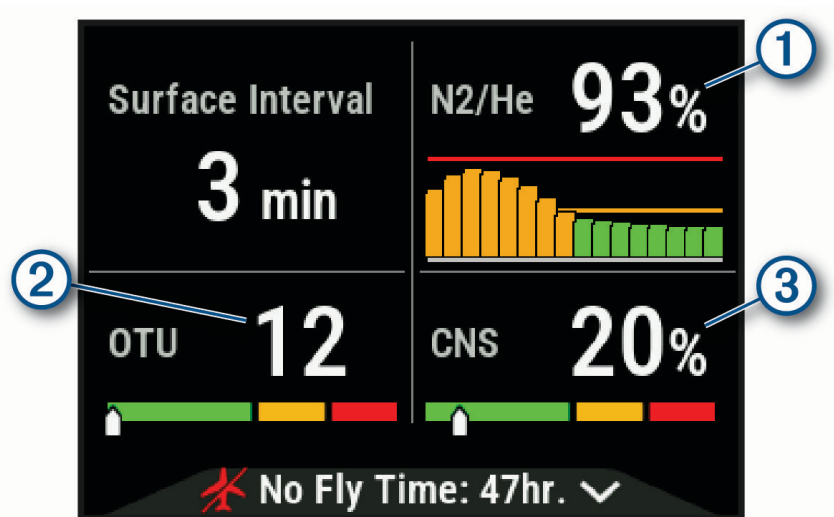
- 1 Customize a button combination for the bookmark feature ([Dive Setup, page 4](#)).
- 2 During a dive, hold the button combination you customized to bookmark an event.  
A log is created, and the bookmark appears as an event for the dive in the dive log app ([Viewing the Dive Log App, page 17](#)).

## Viewing the Surface Interval App

The surface interval app shows your nitrogen (N<sub>2</sub>) and helium (He) tissue load level, current oxygen toxicity units (OTU), and central nervous system (CNS) percentage.

**NOTE:** The OTU accumulated during a dive expire after 24 hours.

1 Select **SI**.



①	<ul style="list-style-type: none"> <li>Green: 0 to 79% tissue load.</li> <li>Yellow: 80 to 99% tissue load.</li> <li>Red: 100% or greater tissue load.</li> </ul>
②	<ul style="list-style-type: none"> <li>Green: 0 to 249 OTU.</li> <li>Yellow: 250 to 299 OTU.</li> <li>Red: 300 or greater OTU.</li> </ul>
③	<ul style="list-style-type: none"> <li>Green: 0 to 79% CNS oxygen toxicity.</li> <li>Yellow: 80 to 99% CNS oxygen toxicity.</li> <li>Red: 100% or greater CNS oxygen toxicity.</li> </ul>

2 Press **NEXT** to view your no-fly time remaining and the time of day the no-fly period ends.

## Viewing the Dive Log App

The dive log app displays summaries of your recently recorded dives.

- 1 Select **Dive Log** to view your most recent dive.
- 2 If necessary, press **NEXT** to select a different dive.
- 3 Press **ENTER** to view an overview and depth graph of the activity.
- 4 Select an option:
  - To view a timeline of significant events for the dive, such as when you reached your maximum depth and when a decompression stop began, select **Events**.
  - To view a temperature graph for the dive, select **Temperature**.
  - To view the entry and exit locations for the dive, select **Location**.  
**NOTE:** The dive computer only shows your entry and exit locations if you waited for GPS signals before and after the dive.
  - To view additional information for the dive, select **All Stats**.
  - To remove the activity from your dive computer, select **Menu > Delete**.  
**NOTE:** Deleting an activity from the dive log app does not impact tissue loading calculations.

## Dive Planning

You can plan for future dives using your dive computer, such as calculating your breathing gas or no-decompression limit (NDL) times.

### Calculating NDL Time

You can calculate the no-decompression limit (NDL) time or maximum depth for a future dive. These calculations are not saved or applied to your next dive.

- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Plan Dive > Compute NDL**.
- 3 Select an option:
  - To calculate NDL based on your current tissue load, select **Diving Now**.
  - To calculate NDL based on your tissue load at a future time, select **Enter Surf. Interval**, and enter your surface interval time.
- 4 Enter an oxygen percentage.
- 5 Select an option:
  - To calculate the NDL time, select **Enter Depth**, and enter the planned depth for your dive.
  - To calculate the maximum depth, select **Enter Time**, and enter your planned dive time.

The NDL countdown clock, depth, and maximum operating depth (MOD) appear.

**NOTE:** If the planned depth exceeds the MOD of the dive computer or the breathing gas, the planned depth appears in red.
- 6 Press **ENTER**.
- 7 Select an option:
  - To exit, select **Done**.
  - To add intervals to your dive, select **Add Repeat Dive**, and follow the on-screen instructions.

## Calculating Your Breathing Gas

You can calculate the PO<sub>2</sub> value, oxygen percentage, or maximum depth for a dive by adjusting two of the three values. The calculations are affected by the water type setting in the Dive Setup menu ([Dive Setup, page 4](#)).

- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Plan Dive > Calculate Gas**.
- 3 Press **PREV** or **NEXT**, and select an option to calculate:
  - Select **PO<sub>2</sub>**.
  - Select **O<sub>2</sub>%**.
  - Select **Depth**.
- 4 Press **PREV** or **NEXT** to edit the first value.
- 5 Press **ENTER**, then press **PREV** or **NEXT** to edit the second value.  
As you edit the values, the device calculates an adjusted value for the highlighted option.
- 6 If necessary, press **BACK** to calculate the value for a different option.

## Creating a Decompression Plan

You can create open-circuit decompression plans and save them for future dives.

- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Plan Dive > Deco Plans > Add New**.
- 3 Enter a name for the decompression plan.
- 4 Select an option:
  - To enter the maximum partial pressure of oxygen in bars, select **PO<sub>2</sub>**.  
**NOTE:** The dive computer uses the PO<sub>2</sub> value for gas switching.
  - To enter your level of conservatism for decompression calculations, select **Conservatism**.
  - To enter your gas blends, select **Gases**.
  - To enter the depth of your last decompression stop, select **Last Deco Stop**.
  - To enter the maximum dive depth, select **Bottom Depth**.
  - To enter the time at the bottom depth, select **Bottom Time**.
- 5 Select **Save**.

## Using Decompression Plans


- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Plan Dive > Deco Plans**.
- 3 Select a decompression plan.
- 4 Select an option:
  - To view the decompression plan, select **View**.
  - To use the decompression plan settings for a dive mode, select **Apply**.
  - To change the decompression plan details, select **Edit**.
  - To edit the name of the decompression plan, select **Rename**.
  - To remove the decompression plan, select **Delete > Yes**.

## Finding Nearby Dive Sites

You can search for nearby dive sites and points of interest.

- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Plan Dive > Nearby Dive Sites**.
- 3 Select an option:
  - To search for a dive site by name, select **Spell Search**, and enter the name.
  - To search for dive sites by category, select a category.
  - To search the list of all dive sites, select **All Categories**.

A list of dive sites near your current location appears.

- 4 Select a location from the search results.
- 5 Select .
- 6 Select an option:
  - To save the location of the dive site, select .
  - To navigate to the dive site, select **Navigate To**.

## Altitude Diving

At higher altitudes, the atmospheric pressure is lower, and your body contains a larger amount of nitrogen than it would at the start of a dive at sea level. The dive computer accounts for altitude changes automatically using the barometric pressure sensor. The absolute pressure value used by the decompression model is not affected by the altitude or the gauge pressure displayed on the dive computer.

## Dive Alerts

Alert Message	Cause	Dive Computer Action
None	You completed the decompression stop.	The decompression stop depth and time flash.
None	Your partial pressure of oxygen (PO2) value is above the specified warning value.	Your PO2 value flashes yellow.
%1 OTU accumulated.	Your oxygen toxicity units are above the safe limit. During a dive, "%1" is replaced with the number of units accumulated.	The alert appears every two minutes, up to three times.
250 OTU accumulated.	Your oxygen toxicity units (OTU) are at 250 units, and you are nearing the safe limit of 300 units.	None
5 minutes to NDL.	You have 5 minutes of no decompression limit (NDL) time remaining.	None
10 minutes to NDL.	You have 10 minutes of no decompression limit (NDL) time remaining.	None
Approaching deco stop.	You are within one stop interval (3 m or 9.8 ft.) of the decompression stop depth.	None
ASCEND OR SWITCH GAS PO2 is high.	Your PO2 value is above the specified critical value.	Your PO2 value flashes red. The alert appears every 30 seconds, up to three times, until you ascend to a safe level.
Battery is low.	Less than 20% battery power remains.	The alert appears when the dive computer is below 20% battery power.
Continuing on %1. Switch at any time.	You selected Not Now when prompted to switch to a higher-oxygen gas, or you ignored the prompt.	The gas does not change. You will be prompted again in two minutes.
CNS toxicity at 80%.	Your central nervous system (CNS) oxygen toxicity is at 80% of the safe limit.	The alert appears during a dive and on the dive pre-check screen for your next dive.
CNS toxicity at %1%.	Your CNS oxygen toxicity is too high. During a dive, "%1" is replaced with your current CNS percentage.	The alert appears every two minutes, up to three times.
Decompression cleared.	You completed all decompression stops.	None
DESCEND OR SWITCH GAS PO2 is low.	Your PO2 value is below 0.18 bar.	If you are within the first two minutes of your dive, your PO2 value flashes yellow. Otherwise, your PO2 value flashes red. The alert appears every 30 seconds, up to three times, until you descend to a safe level or switch gases.
DESCEND TO %1 You are above your deco ceiling.	You are more than 0.6 m (2 ft.) above the decompression ceiling. During a dive, "%1" is replaced with the depth you should descend to.	The current depth and stop depth flash red. If you remain above the decompression ceiling for more than three minutes, the decompression lockout feature goes into effect.

Alert Message	Cause	Dive Computer Action
Descend to complete safety stop.	You are more than 2 m (8 ft.) above the safety stop ceiling.	The current depth and stop depth turn yellow.
Dive will end in %1 seconds.	The dive computer will automatically end and save the dive. During a dive, "%1" is replaced by the number of seconds.	None
Do not dive. Failed to read depth sensor.	The dive computer has invalid or missing depth sensor data before you start a dive activity.	Do not start a dive. Call Garmin® Product Support.
EVALUATE DIVE CONDITIONS Dive computer was rebooted.	The dive computer rebooted during the dive.	The dive computer simulates the dive for the time it was rebooting. Since other alerts may not have been triggered, evaluate your current depth and dive conditions.
NDL exceeded. Deco required.	You have exceeded your NDL time.	The dive computer begins providing decompression stop guidance.
SAFELY END DIVE Battery critically low.	Less than 10% battery power remains.	The alert appears when the dive computer is below 10% battery power.
SAFELY END DIVE Dive computer error.	The computer encountered an issue that it could not recover from.	Use a backup dive computer or dive plan and end your dive. Residual tissue loading was cleared. If the issue continues, call Garmin Product Support.
SAFELY END DIVE Failed to read depth sensor.	The dive computer has invalid or missing depth sensor data after you have started a dive activity.	Use a backup dive computer or dive plan and end your dive. Call Garmin Product Support.
Safety stop cleared.	You completed the safety stop.	None
Safety stop started.	You ascended above 6 m (20 ft.) without other decompression guidance.	The safety stop countdown timer begins, if configured.
SLOW YOUR ASCENT Ascending too fast.	You are ascending faster than 9.1 m/min. (30 ft./min.) for more than 5 seconds.	None
Switch to %1 now?	In a multi-gas dive, a gas with a higher oxygen content is now safe to breathe. During a dive, "%1" is replaced with the name of the gas.	You can switch gases now, or wait to switch gases later in the dive. A confirmation message for your choice appears.
This pool dive will not be saved to the dive log.	The dive computer is in pool dive mode.	The dive computer will not save the current dive to the dive log.

## Dive Terminology

**Central nervous system (CNS):** A measure of central nervous system oxygen toxicity caused by exposure to increased partial pressure of oxygen (PO<sub>2</sub>) while diving.

**Maximum operating depth (MOD):** The greatest depth at which a breathing gas can be used before the partial pressure of oxygen (PO<sub>2</sub>) exceeds the safe limit.

**No decompression limit (NDL):** A dive that does not require decompression time while ascending to the surface.

**Oxygen toxicity units (OTU):** A measure of pulmonary oxygen toxicity caused by exposure to increased partial pressure of oxygen (PO<sub>2</sub>) while diving. One OTU is equivalent to breathing 100% oxygen at 1 ATM for 1 minute.

**Partial pressure of oxygen (PO<sub>2</sub>):** The pressure of the oxygen in the breathing gas, based on depth and oxygen percentage.

**Surface interval (SI):** The amount of time that has elapsed since the completion of the last dive.


**Time to surface (TTS):** The estimated amount of time required to safely ascend to the surface.

### ⚠ CAUTION

Decompression stops are included in the calculations, but safety stops are not.

## Compass


### Setting the Compass Heading

- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Compass**.
- 3 Point the top of the dive computer toward your heading.
- 4 Select  > **Set Heading**.

When you deviate from the heading, the compass displays the direction from the heading and degree of deviation. If you begin a dive, the compass heading is retained.

### Setting the North Reference

You can set the directional reference used in calculating heading information.


- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Compass** >  > **Heading Setup** > **North Reference**.
- 3 Select an option:
  - To set magnetic north as the heading without declination, select **Magnetic**.
  - To set grid north (000°) as the heading reference, select **Grid**.
  - To set the magnetic variation value manually, select **User** > **Enter Magnetic Variation**, and enter the magnetic variation.
  - To set geographic north as the heading reference, select **True**.

### Calibrating the Compass

#### NOTICE

Calibrate the electronic compass outdoors. To improve heading accuracy, do not stand near objects that influence magnetic fields, such as vehicles, buildings, and overhead power lines.


If you experience irregular compass behavior, for example, after moving long distances or after extreme temperature changes, you can manually calibrate the compass.

- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Compass** >  > **Calibrate Compass**.
- 3 Follow the on-screen instructions.

# Navigation

You can use the GPS navigation features on your device to save locations, navigate to locations, and find your way home.


## Navigating to a Location

- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Navigate** > .
- 3 Select an option:
  - To mark your current location so you can navigate back to it later, select **Current Location**.
  - To set a bearing to use as a reference point for navigation, select **Set Bearing**, and enter the heading and distance for the bearing.
  - To navigate to the entry point for your most recent dive activity, select **Last Entry Point**.
  - To navigate to the exit point for your most recent dive activity, select **Last Exit Point**.
  - To navigate to a dive site, select **Nearby Dive Sites**, and search for a dive site ([Finding Nearby Dive Sites, page 19](#)).
  - To navigate to the entry or exit point for a previous dive activity, select **Dive Log**, select a dive activity, and select the entry or exit point.
  - To navigate to a saved location, select the location.

You can save a location in the controls menu ([Controls, page 2](#)).

## Editing a Saved Location

You can view, edit, and delete saved locations.

- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Waypoint Manager**.
- 3 Select a location.
- 4 Select  > **Edit Location**.
- 5 Select an option to edit.

# Connectivity

Connectivity features are available for your dive computer when you pair with your compatible phone ([Pairing Your Phone, page 24](#)).

## Phone Connectivity Features

Phone connectivity features are available for your Descent dive computer when you pair it using the Garmin Dive™ app ([Pairing Your Phone, page 24](#)).

**Data uploads to the Garmin Dive app:** Automatically syncs your data with the Garmin Dive app and your Garmin Connect™ account.

**Software updates:** Downloads and installs the latest software.

**Notifications:** Alerts you to notifications from your phone, including calls, texts, and apps, based on your phone notification settings.

## Pairing Your Phone

To use the connected features on your dive computer, you must pair it directly through the Garmin Dive app, instead of from the Bluetooth settings on your phone.

- 1 Select an option:
  - During the initial setup on your dive computer, scan the QR code with your phone.
  - If you previously skipped the pairing process, scroll down from the home screen to view the extended app list, select **Settings** > **Connectivity** > **Phone** > **Pair Phone**, and scan the QR code with your phone.
- 2 Follow the on-screen instructions to complete the pairing and setup process.

## Garmin Dive App

The Garmin Dive app allows you to upload your dive logs from your compatible Garmin device. You can add more detailed information about your dives, including environmental conditions, photos, notes, and dive buddies. You can use the map to browse for new dive locations, and view the location details and photos shared by other users.

The Garmin Dive app syncs your data with your Garmin Connect account. You can download the Garmin Dive app from the app store on your phone ([garmin.com/diveapp](https://garmin.com/diveapp)).

## Wireless Sensors

Your dive computer can be paired and used with compatible wireless sensors using ANT+® or Bluetooth technology.

For information about specific Garmin sensor compatibility, purchasing, or to view the owner's manual, go to [buy.garmin.com](https://buy.garmin.com) for that sensor.

## inReach® Remote

The inReach remote function allows you to control your inReach device using your Descent device. Go to [buy.garmin.com](https://buy.garmin.com) to purchase a compatible inReach device.

### Using the inReach Remote

- 1 Turn on the inReach satellite communicator.
- 2 From the home screen on your dive computer, scroll down to the extended app list.
- 3 Select **inReach Remote** > **Yes**.

The dive computer searches for your inReach satellite communicator.
- 4 Select your inReach satellite communicator.
- 5 Once your inReach satellite communicator is paired, select an option:
  - To send an SOS message, select **SOS** > **Initiate SOS**.

**NOTE:** You should only use the SOS function in a real emergency situation.
  - To send a text message, select **Messages** > **Type Message**, select the message contacts, and enter the message text or select a quick text option.
  - To send a preset message, select **Messages** > **Send Preset**, and select a message from the list.
  - To view the timer and distance traveled during an activity, select **Tracking**.

## Settings

From the home screen, scroll down to the extended app list, and select **Settings**.

**Dive Setup:** Customizes the dive settings ([Dive Setup, page 4](#)).

**Sound and Vibe:** Sets the dive computer sounds, such as button tones, alerts, and vibrations.

**Display:** Adjusts the screen settings ([Display and Brightness Settings, page 25](#)).

**Connectivity:** Pairs your dive computer to a phone or wireless sensor ([Connectivity, page 23](#)).

**System:** Sets the system settings, such as device language, satellite preferences, and time format ([System Settings, page 25](#)).

## Display and Brightness Settings

From the home screen, scroll down to the extended app list, and select **Settings > Display**.

**Brightness:** Sets the brightness level of the screen.

**Auto Backlight:** Automatically adjusts the backlight brightness based on the ambient light.

**Surface Screen Timeout:** Sets the length of time before the screen turns off when not in dive mode.

**NOTE:** The dive computer turns off entirely when there are no button presses for 30 minutes outside of a dive.

**Flip Screen:** Rotates the screen by 180 degrees, and reverses the button functions.

## System Settings

From the home screen, scroll down to the extended app list, and select **Settings > System**.

**Language:** Sets the language displayed on the dive computer (*My device is in the wrong language, page 34*).

**Shortcuts:** Assigns button shortcuts for use on the surface.

**Compass:** Calibrates the compass and sets the north reference of the compass (*Compass, page 22*).

**Satellites:** Sets the default satellite system (*Satellite Settings, page 26*).

**Time:** Sets the time format and time zone.

**Passcode:** Sets a four-digit passcode to secure your personal information (*Setting Your Device Passcode, page 25*).

**Advanced:** Sets the unit and position format preferences, sets the dive computer to use MTP (media transfer protocol) or Garmin mode when connected to a computer, and sets whether the dive computer automatically powers on when it detects water.

**Reset:** Resets tissues, deletes data, and resets settings (*Resetting All Default Settings, page 26*).

**Check for Updates:** Downloads and installs software updates when your dive computer is paired to your phone.

**About:** Displays device, software, license, and regulatory information.

## Setting Your Device Passcode

### NOTICE

If you enter your passcode incorrectly three times, the dive computer locks temporarily. After five incorrect attempts, the dive computer locks until you reset your passcode in the Garmin Dive app. If you have not paired your dive computer with your phone, the dive computer deletes your data and resets to the factory default settings after five incorrect attempts.

You can set up a passcode to secure your personal information.

After setting up a passcode, you can still start a dive without entering the passcode.

- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Settings > System > Passcode > Set Passcode**.
- 3 Enter a four-digit passcode.

By default, you must enter the passcode immediately after you turn on the dive computer or when the screen turns back on. You can set a time interval before a passcode is required using the Require Passcode setting.

## Changing Your Device Passcode

You must know your existing passcode to change it. If you forget your passcode or make too many incorrect passcode attempts, you must reset it in the Garmin Dive app.

- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Settings > System > Passcode > Change Passcode**.
- 3 Enter your existing four-digit passcode.
- 4 Enter a new four-digit passcode.

## Satellite Settings

You can change the satellite systems used by the dive computer. For more information about satellite systems, go to [garmin.com/aboutGPS](https://garmin.com/aboutGPS).

From the home screen, scroll down to the extended app list, and select **Settings > System > Satellites**.

**Off:** Disables satellite systems.

**GPS Only:** Enables the GPS satellite system.

**All Systems:** Enables multiple satellite systems. Using multiple satellite systems together offers increased performance in challenging environments and faster position acquisition than using GPS only. However, using multiple systems can reduce battery life more quickly than using GPS only.

## Disabling the Auto-boot When Wet Setting

When the **Auto-boot When Wet** setting is enabled, the dive computer turns on automatically when it detects water. If you start a dive without turning on your dive computer, the dive computer uses the most recent surface pressure to determine depth. For the most accurate depth information, turn on your dive computer manually, especially after traveling. If necessary, you can disable the **Auto-boot When Wet** setting.

- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Settings > System > Advanced > Auto-boot When Wet**.  
A confirmation message appears.

The dive computer no longer turns on automatically when it is wet.

**NOTE:** Even when the **Auto-boot When Wet** setting is disabled, if the dive computer has turned off due to being idle for 30 minutes, it still turns on automatically the next time it detects water.

## Resetting All Default Settings

Before you reset all default settings, you should sync the dive computer with the Garmin Dive app to upload your dive data.

You can reset all of the device settings to the factory default values.

- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Settings > System > Reset**.
- 3 Select an option:
  - To reset all of the device settings to the factory default values and save all user-entered information and activity history, select **Reset Default Settings**.
  - To delete your tissue load data for scuba diving, select **Reset Tissues**.  
**NOTE:** You should reset your tissue load only if you do not plan to use the dive computer again in the future. This can be useful for dive shops that provide dive computers for rent.
  - To reset all of the device settings to the factory default values and delete all user-entered information and activity history, select **Delete Data and Reset Settings**.

## Viewing Device Information

You can view device information, such as the unit ID, software version, regulatory information, and license agreement.

- 1 Hold **BACK**.
- 2 Select **Settings > System > About**.

## Viewing E-label Regulatory and Compliance Information

The label for this device is provided electronically. The e-label may provide regulatory information, such as identification numbers provided by the FCC or regional compliance markings, as well as applicable product and licensing information.

- 1 Hold **BACK**.
- 2 From the settings menu, select **System**.
- 3 Select **About**.

# Device Information

## Charging the Device

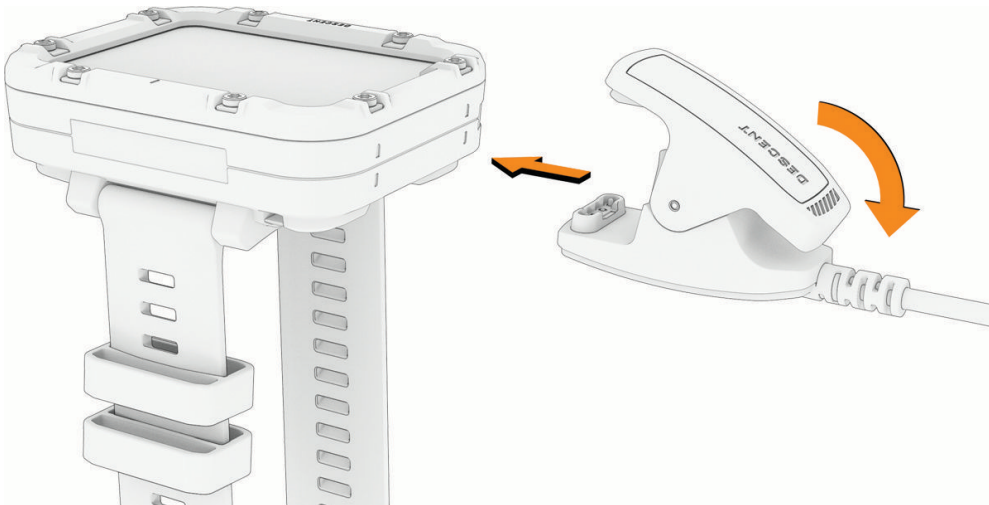
### ⚠ WARNING

This device contains a lithium-ion battery. See the *Important Safety and Product Information* guide in the product box for product warnings and other important information.

### NOTICE

To prevent corrosion, thoroughly clean and dry the contacts and the surrounding area before charging or connecting to a computer. Refer to the cleaning instructions ([Device Care, page 31](#)).

- 1 Pinch the charging clip.
- 2 Align the clip with the contacts on the back of the device, and release the clip.



- 3 Plug the USB cable into a USB charging port.

## Wearing the Dive Computer

The dive computer has an extra long band that can be worn over a thick exposure suit.

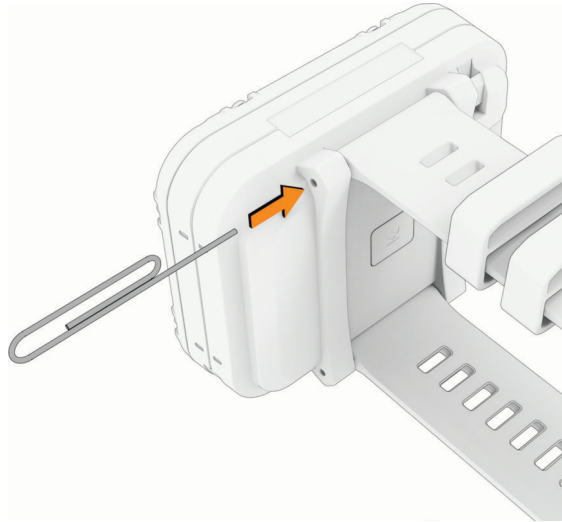
- 1 Fasten the dive computer onto your wrist.
- 2 If necessary, route the end of the long band back through the top channel in the band keepers.



## Changing the Bands

You can replace the bands with new Descent X30 bands or compatible QuickFit® 26 mm bands.

- 1 Use a paper clip to push in one of the band pins, and remove the band from the device.



- 2 Select an option:

- To install a new Descent X30 band, align one side of the new band with the holes on the dive computer, push in the exposed pin, and press the band into place.



**NOTE:** Make sure the band is secure. The pin should align with the holes on the dive computer.

- To install a compatible QuickFit band, remove the pin from the Descent X30 band, replace the pin on the dive computer, and press the new band into place.

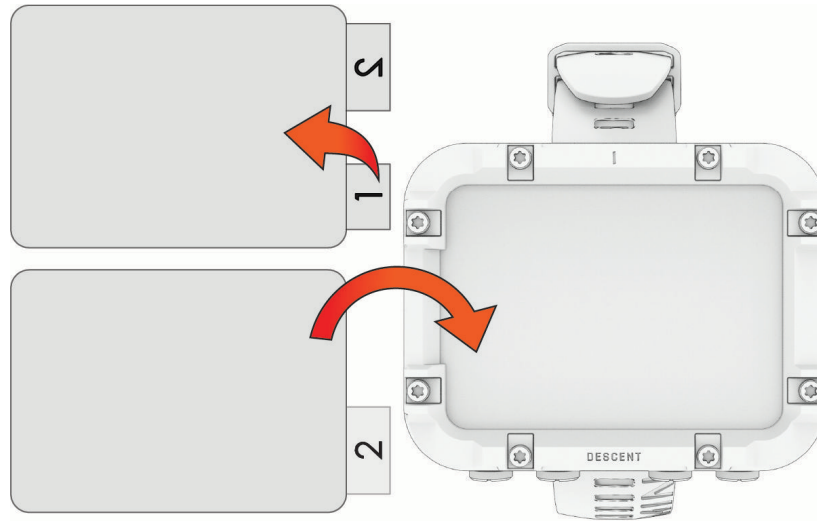
**NOTE:** Make sure the band is secure. The latch should close over the pin.

- 3 Repeat the steps to change the other band.

## Applying the Screen Protector

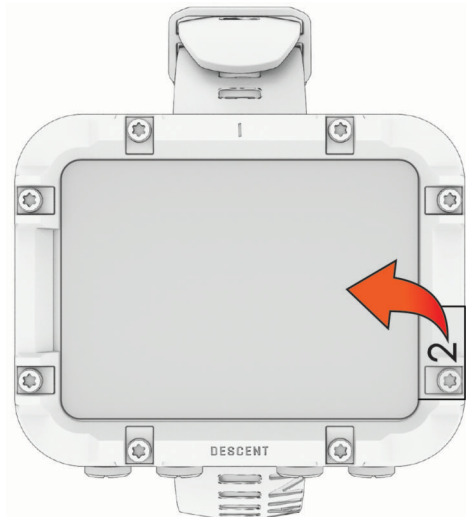
To watch a video showing how to apply the screen protector, go to [garmin.com/videos/DescentX30ScreenProtectorInstall](https://garmin.com/videos/DescentX30ScreenProtectorInstall).

- 1 If necessary, use the dust removal sticker to remove particles of dust or debris from the dive computer screen.
- 2 Clean the dive computer screen with the wet wipe.
- 3 Dry the screen with the dry wipe.
- 4 Peel the protective film from the adhesive side (tab 1) of the screen protector.

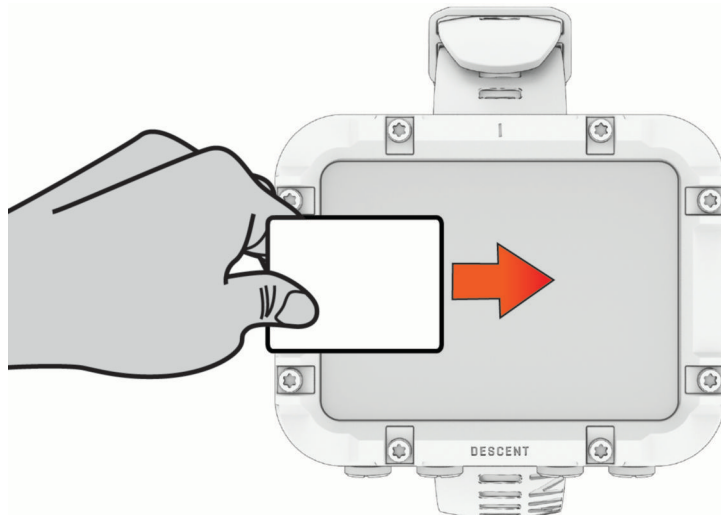


- 5 Carefully apply the screen protector onto the dive computer screen, making sure the edges of the screen protector line up with the screen edges of the dive computer.
- 6 If you notice any issues with the application, carefully peel the screen protector off from one corner of the screen and re-apply.

- 7 Remove the liner from the top side (tab 2) of the screen protector.



- 8 Slide the applicator card across the screen protector to remove air bubbles and firmly adhere it to the dive computer screen.



## Specifications

Battery type	Rechargeable, built-in lithium-ion battery
Water rating	10 ATM <sup>1</sup> Dive (EN 13319) <sup>2</sup>
Decompression model	Bühlmann ZHL-16C
Operating and storage temperature range	From -20° to 60°C (from -4° to 140°F)
Underwater operating temperature range	From 0° to 40°C (from 32° to 104°F)
Charging temperature range	From 0° to 45°C (from 32° to 113°F)
Wireless frequency and transmit power	2.4 GHz: < 5.4 dBm maximum
Depth sensor	Accurate from 0 m to 100 m (0 ft. to 328 ft.) complying with EN 13319 Resolution (m): 0.1 m until 99.9 m, 1 m at 100 m Resolution (ft.): 1 ft.
Inspection interval	Inspect parts before each use for damage. Replace parts as needed. <sup>3</sup>

## Battery Information

The actual battery life depends on how much you use GPS, optional wireless sensors, and the backlight.

Mode	Battery Life
Dive mode with display brightness set to High	Up to 10 hours
Dive mode with display brightness set to Medium	Up to 30 hours
Dive mode with display brightness set to Night Dive	Up to 47 hours

## Device Care

### NOTICE

Do not use a sharp object to clean the device.

Avoid chemical cleaners, solvents, and insect repellents that can damage plastic components and finishes.

Thoroughly rinse the device with fresh water after exposure to chlorine, salt water, sunscreen, cosmetics, alcohol, or other harsh chemicals. Prolonged exposure to these substances can damage the case.

Do not wash the device under high pressure, because jets of water or air may cause damage to the depth sensor or barometer.

Avoid extreme shock and harsh treatment, because it can degrade the life of the product.

Do not store the device where prolonged exposure to extreme temperatures can occur, because it can cause permanent damage.

Discontinue use if the device is damaged or if it is stored at a temperature outside the specified storage temperature range.

<sup>1</sup> The device withstands pressure equivalent to a depth of 100 m. For more information, go to [www.garmin.com/waterrating](http://www.garmin.com/waterrating).

<sup>2</sup> Designed to comply with CSN EN 13319.

<sup>3</sup> Aside from normal wear and tear, performance is not affected by aging.

## Cleaning the Device

### CAUTION

Some users may experience skin irritation after prolonged use of the dive computer, especially if the user has sensitive skin or allergies. If you notice any skin irritation, remove the dive computer and give your skin time to heal. To help prevent skin irritation, ensure the dive computer is clean and dry, and do not overtighten the dive computer on your arm.

### NOTICE

Even small amounts of sweat or moisture can cause corrosion of the electrical contacts when connected to a charger. Corrosion can prevent charging and data transfer.

If you store the dive computer while it is still wet, it may inadvertently turn on and drain the battery.

**TIP:** For more information, go to [garmin.com/fitandcare](https://garmin.com/fitandcare).

- 1 Rinse with water, or use a damp lint-free cloth.
- 2 Allow the dive computer to dry completely.

## Data Fields

**NOTE:** Not all data fields are available for all activity types. Some data fields appear in more than one category on the dive computer.

Name	Description
Ascent Rate	The current rate of ascent toward the surface.
Average Depth	The average depth descended during a dive.
Avg Temperature	The average temperature during the dive.
Battery Percentage	The percentage of the battery power remaining.
Battery, Time, & Temp.	The percentage of the battery power remaining, the time of day based on your current location and time settings (format, time zone, daylight saving time), and the temperature of the air.
Compass	A visual representation of the direction in which the device is pointing.
Compass Heading	The direction you are moving based on the compass.
Conservatism	The level of conservatism for decompression calculations.
CNS	Your current central nervous system (CNS) oxygen toxicity percentage.
Current Gas PO2	The partial pressure of oxygen (PO2) of the current gas.
Maximum Depth	The maximum depth descended during a dive.
Max Temperature	The maximum temperature during the activity.
Min Temperature	The minimum temperature during the activity.
N2/He%	The nitrogen/helium tissue loading percentage.
NDL ↑3M / NDL ↑10FT	Your No Decompression Limit (NDL) time if you ascend 3 m (10 ft.) from your current depth.
NDL ↓3M / NDL ↓10FT	Your NDL time if you descend 3 m (10 ft.) from your current depth.
NDL Δ 3M / NDL Δ 10FT	Your NDL time if you ascend or descend 3 m (10 ft.) from your current depth.
None	This is a blank data field.
OTU	Your current oxygen toxicity units (OTU).
Raw Ceiling	The unrounded depth the diver should not ascend past.
Stopwatch	The stopwatch time for the current dive.
Sunrise	The time of sunrise based on your GPS position.
Sunset	The time of sunset based on your GPS position.
Surface Gradient Factor	The expected gradient factor if the diver were to instantaneously surface.
Temperature	The temperature of the water. Your body temperature affects the temperature sensor.
Time of Day	The time of day based on your current location and time settings (format, time zone, daylight saving time).
Time of Day (Seconds)	The time of day including seconds.
Time to Surface	The amount of time required to safely ascend to the surface, including decompression stops.

Name	Description
Tissue Graph (GF)	A bar chart displaying simulated values for nitrogen and helium in the body, with the y-axis of the field adjusted to your conservatism.
Tissue Graph (Raw)	A bar chart displaying simulated values for nitrogen and helium in the body.
TTS @ +5 min.	The amount of time required to safely ascend to the surface if you remain at your current depth for five minutes.
TTS $\Delta$ +5 min.	The difference between the amount of time required to safely ascend to the surface, and the amount of time required to safely ascend to the surface if you remain at your current depth for five minutes.

## Troubleshooting

### Product Updates

Your device automatically checks for updates when connected to Bluetooth. You can manually check for updates from the system settings (*System Settings*, page 25). On your computer, install Garmin Express™ ([www.garmin.com/express](http://www.garmin.com/express)).

This provides easy access to these services for Garmin devices:

- Software updates
- Map updates
- Product registration


### Getting More Information

You can find more information about this product on the Garmin website.

- Go to [support.garmin.com](http://support.garmin.com) for additional manuals, articles, and software updates.
- Go to [buy.garmin.com](http://buy.garmin.com), or contact your Garmin dealer for information about optional accessories and replacement parts.

### My device is in the wrong language

You can change the device language selection if you have accidentally selected the wrong language on the dive computer.

- 1 From the home screen, scroll down to the extended app list.
- 2 Select .
- 3 Scroll down to the last item in the list, and press **ENTER**.
- 4 Press **ENTER**.
- 5 Select your language.

### Is my smartphone compatible with my device?

The Descent X30 device is compatible with smartphones using Bluetooth technology.

Go to [garmin.com/ble](http://garmin.com/ble) for compatibility information.

## My phone will not connect to the device

If your phone will not connect to the device, you can try these tips.

- Turn off your phone and your device, and turn them back on again.
- Enable Bluetooth technology on your phone.
- Update the Garmin Dive app to the latest version.
- Remove your device from the Garmin Dive app and the Bluetooth settings on your phone to retry the pairing process.
- If you bought a new phone, remove your device from the Garmin Dive app on the phone you intend to stop using.
- Bring your phone within 10 m (33 ft.) of the device.
- On your phone, open the Garmin Dive app, select ●●●, and select **Garmin Devices > Add Device** to enter pairing mode.

## Diving

### Resetting Your Tissue Load

You can reset your current tissue load saved on the dive computer. You should reset your tissue load only if you do not plan to use the dive computer again in the near future. This can be useful for dive shops that provide dive computers for rent.

- 1 From the home screen, scroll down to the extended app list.
- 2 Select **Settings > System > Reset > Reset Tissues**.

### Resetting the Surface Pressure

The device automatically determines the surface pressure using the barometric altimeter. Large pressure changes, such as during a flight, can cause the dive computer to automatically start a dive activity. If the dive computer starts a dive activity incorrectly, you can reset the surface pressure by connecting the dive computer to a computer. If you do not have access to a computer, you can reset the surface pressure manually.

- 1 Hold **PWR** until the dive computer turns off.
- 2 Hold **PWR** to turn on the dive computer.
- 3 When the product logo appears, hold **NEXT** until you are prompted to reset the surface pressure.

## Acquiring Satellite Signals

The device may need a clear view of the sky to acquire satellite signals. The time and date are set automatically based on the GPS position.

**TIP:** For more information about GPS, go to [garmin.com/aboutGPS](https://garmin.com/aboutGPS).

- 1 Go outdoors to an open area.  
The front of the device should be oriented toward the sky.
- 2 Wait while the device locates satellites.  
It may take 30–60 seconds to locate satellite signals.

## Improving GPS Satellite Reception

- Frequently sync the device to your Garmin account:
  - Connect your device to a computer using the USB cable and the Garmin Express application.
  - Sync your device to the Garmin Dive app using your Bluetooth enabled phone.While connected to your Garmin account, the device downloads several days of satellite data, allowing it to quickly locate satellite signals.
- Take your device outside to an open area away from tall buildings and trees.
- Remain stationary for a few minutes.

