GARMIN®

DESCENT™ X10

Dive Computer



Owner's Manual

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Introduction

⚠ WARNING

See the *Important Safety and Product Information* guide in the product box for product warnings and other important information.

Getting Started

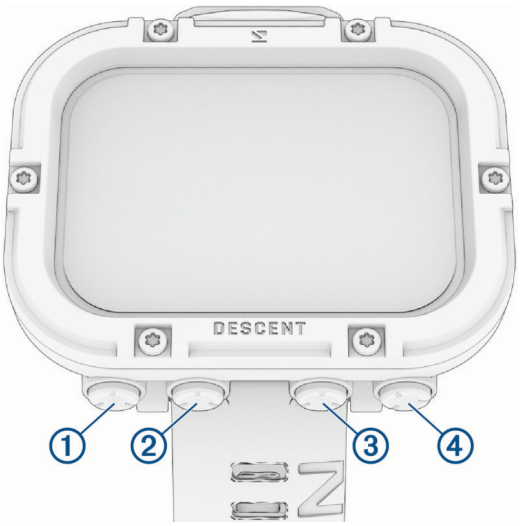
When using your dive computer for the first time, you should complete these tasks to set it up and get to know the basic features.

1. Hold **BACK** for at least one second to turn on the dive computer (*Device Overview*, page 3).
2. Follow the on-screen instructions to complete the initial setup.

   During the initial setup, you can pair your phone with your dive computer to sync your data and download software updates (*Pairing Your Phone*, page 17).
3. Charge the dive computer (*Charging the Dive Computer*, page 24).
4. Check for any downloaded software updates (*System Settings*, page 19).

   For the best experience, you should keep the software on your dive computer up to date. Software updates provide changes and improvements to privacy, security, and features.
5. Start a dive (*Going Diving*, page 10).

Device Overview



① **BACK**:

- Press to return to the previous screen.
- Hold to turn on the dive computer.
- Hold to view the controls menu (*Controls*, page 3).

② **PREV**:

- Press to scroll through menus or data screens.

③ **NEXT**:

- Press to scroll through menus or data screens.

④ **ENTER**:

- Press to choose an option in a menu.
- During a dive, press to view the in-dive menu.

Controls

The controls menu lets you quickly access device features and options.

To access the menu, hold **BACK** whenever you are not in the middle of a dive.

Control	Description
	Select to return to the home screen.
	Select to adjust the brightness and display settings (*Display and Brightness Settings*, page 19).
	Select to enable pool dive mode (*Using the Pool Dive Mode*, page 6).
	Select to lock the buttons to prevent inadvertent presses.
	Select to open the device stopwatch (*Using the Dive Stopwatch*, page 12).
	Select to open the settings menu (*Settings*, page 19).
	Select to put the dive computer in standby mode (*Standby Mode*, page 20).

Diving

⚠ WARNING

Failure to heed the following warnings could result in an accident or medical event resulting in death or serious injury.

Dive Warnings

- The diving features of this device are for use by certified divers only. This device should not be used as a sole dive computer. Failure to input the appropriate dive-related information into the device can lead to serious personal injury or death.
- Do not exceed the maximum dive depth rating for the device (*Specifications*, page 25).
- Make sure that you fully understand the use, displays, and limitations of your device. If you have questions about this manual or the device, always resolve any discrepancies or confusion before diving with the device. Always remember that you are responsible for your own safety.
- There is always a risk of decompression illness (DCI) for any dive profile even if you follow the dive plan provided by the dive tables or a diving device. No procedure, diving device, or dive table will eliminate the possibility of DCI or oxygen toxicity. An individual's physiological makeup can vary from day to day. This device cannot account for these variations. You are strongly advised to remain well within the limits provided by this device to minimize the risk of DCI. You should consult a physician regarding your fitness before diving.
- Always use backup instruments, including a depth gauge, submersible pressure gauge, and timer or watch. You should have access to decompression tables when diving with this device.
- Perform pre-dive safety checks, such as checking proper device function and settings, display function, battery level, tank pressure, and bubble checks to check hoses and connections for leaks.
- This device should not be shared between multiple users for diving purposes. Diver profiles are user specific, and using another diver's profile can result in misleading information that could lead to injury or death.
- For safety reasons, you should never dive alone. Dive with a designated buddy, even if you have someone monitoring your dive from the surface. You should also stay with others for an extended time after a dive, because the potential onset of decompression illness (DCI) may be delayed or triggered by surface activities.
- Apnea diving requires appropriate training. Pool apnea diving carries many of the same risks as apnea diving in open water. Never dive alone.
- This device is not intended for commercial or professional dive activities. It is for recreational purposes only. Commercial or professional dive activities can expose the user to extreme depths or conditions that increase the risk of DCI.
- Do not dive with a gas if you have not personally verified its contents and input the analyzed value to the device. Failure to verify tank contents and input the appropriate gas values to the device will result in incorrect dive planning information and could result in serious injury or death.
- Diving with more than one gas mixture presents a much greater risk than diving with a single gas mixture. Mistakes related to the use of multiple gas mixtures may lead to serious injury or death.
- Always ensure a safe ascent. A rapid ascent increases the risk of DCI.
- Violating a required decompression stop may result in serious injury or death. Never ascend above the displayed decompression stop depth.
- Always perform a safety stop between 3 and 5 meters (9.8 and 16.4 feet) for 3 minutes, even if no decompression stop is required.

Dive Modes

The Descent™ X10 dive computer supports multiple dive modes. Each dive mode has four phases: dive pre-check, surface display, in-dive, and post-dive. During the pre-dive check, you can confirm the dive settings before you start diving (*Dive Setup*, page 6). The surface phase shows the data screens for the dive mode (*Dive Data Screens*, page 8). The in-dive phase shows data about the dive in progress (*Going Diving*, page 10). During the post-dive review, you can view a summary of the completed dive (*Viewing the Dive Log App*, page 13).

Scuba: This mode allows you to dive with a single gas blend. You can set up to 11 additional gases as backup gases.

Apnea: This mode allows you to free dive.

Gauge: This mode allows you to dive with basic bottom timer features. Decompression information is not provided while diving in Gauge mode.

NOTE: After diving in gauge mode, the dive computer can only be used in gauge mode for 24 hours.

Using the Pool Dive Mode

When the device is in pool dive mode, dives are not saved to the dive log.

1. Hold **BACK** to view the controls menu.
2. Select .

The pool dive mode turns off automatically at midnight.

Dive Setup

You can customize the dive settings based on your needs. Not all settings are applicable for all dive modes. You can also edit the settings before you start a dive.

Select **Dive Setup**.

Gases: Sets the gas blends used in the Scuba dive mode (*Setting Up Your Breathing Gases*, page 6). You can have up to twelve gases when in Scuba mode.

Conservatism: Sets the level of conservatism for decompression calculations. Higher conservatism provides a shorter bottom time and a longer ascent time. The Custom option sets a custom gradient factor.

NOTE: Make sure you understand gradient factors before entering a custom level of conservatism.

Water Type: Sets the water type.

PO2: Sets the partial pressure of oxygen (PO2) thresholds, in bar, for the maximum operating depth (MOD), decompression, warnings, and critical alerts (*Setting PO2 Thresholds*, page 7).

Scuba Alerts: Sets custom alerts for gas dives (*Setting a Custom Dive Alert*, page 6).

Apnea Alerts: Sets custom alerts for apnea dives (*Setting a Custom Dive Alert*, page 6).

Backlight: Sets the backlight display settings.

Display Settings: Customizes the data screens for each dive mode (*Dive Data Screens*, page 8).

Safety Stop: Changes the safety stop duration.

Last Deco Stop: Sets the depth of the final decompression stop.

Apnea Discipline: Sets the discipline type for apnea diving.

NOTE: You can view the discipline type for the dive in the dive log (*Viewing the Dive Log App*, page 13).

End Dive Delay: Sets the length of time before the device ends and saves a dive after surfacing.

Setup Sharing: Sends or receives dive computer settings between compatible devices (*Sharing Dive Settings Between Devices*, page 8). For example, you can share settings between your primary and backup dive computers, or your dive computer and that of another user, such as an instructor.

Advanced Settings: Customizes advanced dive mode settings (*Dive Mode Advanced Settings*, page 6).

Dive Mode Advanced Settings

Select **Dive Setup > Advanced Settings**.

Silent Diving: Disables all tones and vibrations for alerts during dive activities.

No-Fly Time: Sets the no-fly countdown timer mode (*No-Fly Time*, page 7).

Units: Sets the distance, depth, and temperature units of measure for diving.

Tissue Loading: Displays and allows you to manage your tissue load data. You can transfer your tissue load data to another device (*Sharing Dive Settings Between Devices*, page 8), or you can reset your tissue load data (*Resetting All Default Settings*, page 20).

Setting Up Your Breathing Gases

You can enter up to twelve gases for gas dives while in Scuba mode. Decompression calculations do not include your backup gases.

1. Select **Dive Setup** > **Gases**.
2. Select the first gas in the list.

   This is the bottom gas.
3. Select **Oxygen**, and enter the oxygen percentage of the gas blend.

   The dive computer calculates the remaining percentage as the nitrogen content.
4. Press **BACK**.
5. Select **Add Backup**, and enter the oxygen percentage for your backup gases.

Setting a Custom Dive Alert

1. Select **Dive Setup**.

2 Select an option:
   - Select **Scuba Alerts**.
   - Select **Apnea Alerts**.
3 Select an option:
   - Select **Add Alert** to add a new alert.
   - Select the alert name to edit an existing alert.
4 If necessary, enable the alert.
5 Select an option:

   NOTE: Not all options are available for all alert types.
   - Select **Depth** to specify the depth that should trigger the alert.
   - Select **Label** to enter a name for the alert.
   - Select **Time** to specify the time interval that should trigger the alert.
   - Select **Speed** to specify the vertical speed threshold that should trigger the alert.

     NOTE: You can set the alert to trigger when your vertical speed exceeds or drops below the selected speed.
   - Select **Interval** to specify if the alert should trigger once or at a repeat interval.
   - Select **Direction** to specify if the alert should be enabled for ascending, descending, or both.
   - Select **Dive Types** to specify which dive modes should allow the alert to trigger.
   - Select **Sound and Vibe** to set the alert tone, vibration, or neither.
   - Select **Pop-up** to enable a pop-up notification for the alert.
   - Select **Preview Alert** to see how the alert appears and sounds during a dive.

Setting PO2 Thresholds

You can configure the partial pressure of oxygen (PO2) alert message thresholds, in bar.

1 Select **Dive Setup** > **PO2**.
2 Select an option:
   - Select **MOD PO2** to set the maximum operating depth (MOD) PO2 threshold for your planned bottom gas.
   - Select **PO2 Warning** to set the threshold for the highest oxygen concentration level that you are comfortable reaching.
   - Select **PO2 Critical** to set the threshold for the maximum oxygen concentration level that you should reach.
3 Enter a value.

If you reach the PO2 Critical threshold value during a dive, the dive computer displays an alert message (*Dive Alerts*, page 14).

No-Fly Time

After a dive, you may need to wait several hours before it is safe to fly on an airplane. To indicate your remaining no-fly time, ✈ appears on the home screen. You can view more details in the surface interval app (*Viewing the Surface Interval App*, page 12).

Select **Dive Setup** > **Advanced Settings** > **No-Fly Time**.

No-Fly Time Mode	Dive Type	No-Fly Time
Standard or 24 Hours	Dive duration of 3 minutes or less or depth of 5 m (15 ft.) or less.	0 hours
Standard	Non-decompression dive more than 48 hours since the previous dive.	12 hours
Standard	Multiple non-decompression dives within 48 hours.	18 hours
Standard	Dive with a completed decompression stop.	24 hours
24 Hours	Non-gauge dive that did not violate the decompression plan.	24 hours
Standard or 24 Hours	Gauge dive or a dive that violated the decompression plan.	48 hours

Customizing the Data Screens

You can show, hide, and change the layout and content of data screens for each dive mode.

1 Select **Dive Setup** > **Display Settings**.
2 Select a dive mode to customize.
3 Select **Data Screens**.

4 Select a data screen to customize.
5 Select .
6 Select an option:
   - Select **Layout** to adjust the number of data fields on the data screen.
   - Select **Data Fields**, and select a field to change the data that appears in the field.
     TIP: For a list of all the available data fields, go to *Data Fields*, page 26.
   - Select **Reorder** to change the location of the data screen in the loop.
   - Select **Remove** to remove the data screen from the loop.

   NOTE: Not all options are available for each data screen.
7 If necessary, select **Add New** to add a data screen to the loop.

Sharing Dive Settings Between Devices

NOTICE

It is your responsibility to use discretion when sharing information with others. Always ensure you are aware of and comfortable with the individual with whom you share information.

The Garmin Share feature allows you to use Bluetooth® technology to wirelessly share your data with other compatible Garmin® devices. With Garmin Share enabled and compatible Garmin devices in range of each other, you can select data to transfer to another device through a direct, secured device-to-device connection.

You can transfer dive settings between two dive computers. For example, you can share settings between your primary and backup dive computers, or your dive computer and that of another user, such as an instructor.

1 Bring both dive computers within 3 m (10 ft.) of each other.
2 On both dive computers, select an option based on the model:
   - On the home screen, select **Dive Setup** > **Setup Sharing**.
   - From the watch face, hold **BACK**, and select **Dive Setup** > **Setup Sharing**.
   - From the watch face, press **ENTER**, select **Activities**, select a dive activity, select the activity settings, and select **Setup Sharing**.

   TIP: You perform a separate transfer for tissue load data from the dive mode Advanced Settings menu.
3 On both dive computers, select , and select an option for setup sharing on the pre-dive screen (optional).
4 On both dive computers, select an option:
   - To receive dive settings, wait while the other dive computer sends the data.
   - To send dive settings, press **NEXT**, wait until your dive computer connects to the other device, and select the device.
5 On both dive computers, confirm the data transfer (if necessary).
6 On the dive computer receiving the data, select an option:
   - To view and accept some of the updated settings, select **Review**, and select the settings to apply.
   - To accept and apply all the new settings, select **Apply All**.
   - To reject the new settings, select **Decline**.

The dive computer receiving the data performs a simulated dive test to confirm the new settings and tissue load. If there is an issue with the data sharing process, the dive computer receiving the data provides more details about the issue.

Garmin Share Settings

Scroll down to the extended app list, and select **Settings** > **Connectivity** > **Garmin Share**.

Status: Enables the dive computer to send and receive items through Garmin Share.

Forget Devices: Removes all of the devices the dive computer has previously shared items with.

Dive Data Screens

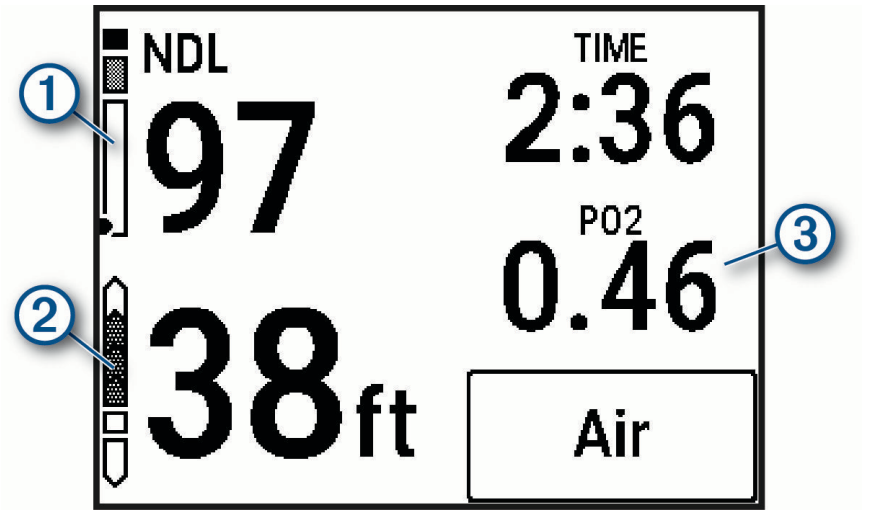
You can press **NEXT** to scroll through the data screens.

You can reorder the default data screens, customize some of the default data screens, and add custom data screens (*Customizing the Data Screens*, page 7).

Scuba Data Screens

The primary data screen for the single-gas Scuba dive mode displays the main dive data, including your breathing gas, rate of ascent or descent, and partial pressure of oxygen (PO2) level. You can press **NEXT** to

view additional data, such as your maximum depth, time to surface (TTS), the time of day (TOD), and the current temperature.

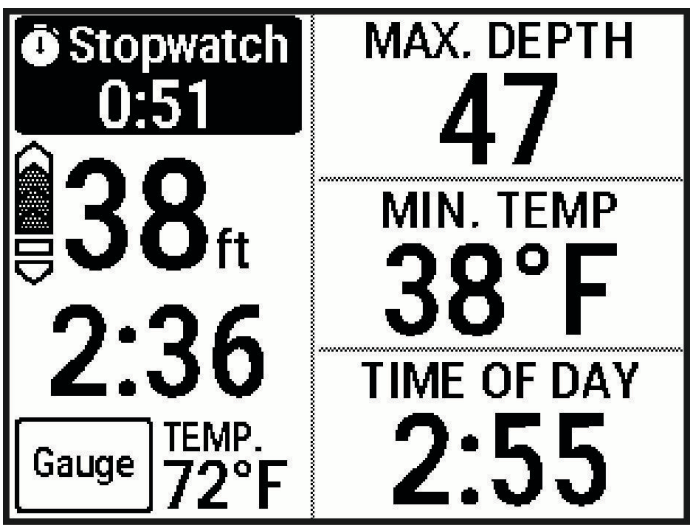


1	Your nitrogen (N2) tissue load level. White: 0 to 79% tissue load. Grey: 80 to 99% tissue load. Black: 100% or greater tissue load.
2	Your rate of ascent. White: Good. Ascent is less than 7.9 m (26 ft.) per minute. Grey: Moderately high. Ascent is between 7.9 and 10.1 m (26 and 33 ft.) per minute. Black: Too high. Ascent is greater than 10.1 m (33 ft.) per minute.
3	Your partial pressure of oxygen (PO2) level.

Gauge Data Screens

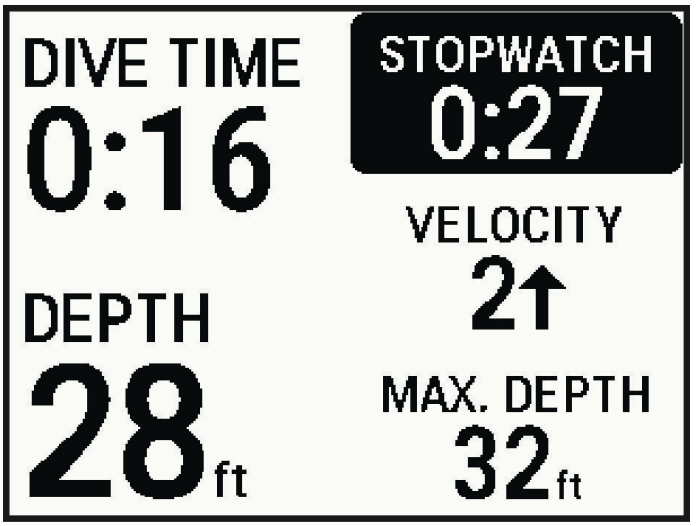
The primary data screen for the gauge dive mode displays data for the current dive, including your maximum depth, the lowest temperature during the dive, the time of day, and the stopwatch (*Using the Dive Stopwatch*, page 12).

Decompression info is not provided while in Gauge mode.

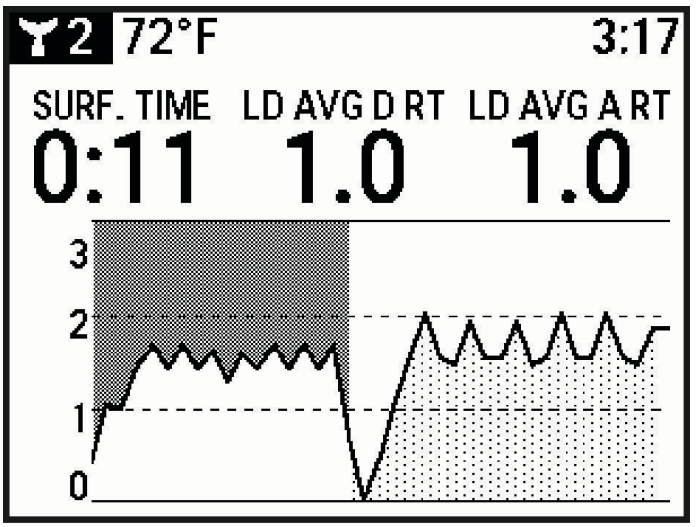


Apnea Data Screens

The apnea in-dive data screen shows your elapsed dive time, current and maximum depth, and velocity. It will also show the stopwatch time, if the stopwatch was started while on the surface.



The apnea surface data screens show your current surface interval time and information about your last dive. You can press **NEXT** to view more data screens.



Going Diving

⚠ CAUTION

If you start a dive without turning on your dive computer, the dive computer uses the most recent surface pressure to determine depth. For the most accurate depth information, always power on your dive computer manually and wait at least 10 minutes before beginning a dive, especially after traveling.

1. If necessary, select **Dive Mode**, and select a dive mode.
2. Select **Start Dive With**.
3. Review the dive setup options, and if necessary, select **View All Setup** to edit the dive settings (*Dive Setup*, page 6).
4. Select **Confirm**.
5. Descend to start your dive.

   The activity timer starts automatically when you reach a depth of 1.2 m (4 ft.).

   NOTE: If you start a dive without selecting a dive mode, the dive computer uses the most recently selected dive mode and settings.
6. Select an option:
   - Press **NEXT** to scroll through the data screens.
   - Press **ENTER** to view the in-dive menu.
7. When you are ready to end the dive, ascend to the surface.
8. Select an option:

- For a **Scuba** or **Gauge** dive, wait for the **DIVE END** timer to count down.
  NOTE: When you ascend to 1 m (3.3 ft.), the **DIVE END** timer begins counting down (*Dive Setup*, page 6). You can press **ENTER**, and select **Stop Dive** to stop the dive before the timer elapses.
- For an **Apnea** dive, press **START**, and select **Stop Dive**.

The dive computer saves the dive activity.

TIP: You can view your diving history in the dive log app (*Viewing the Dive Log App*, page 13).

Dry off the dive computer.

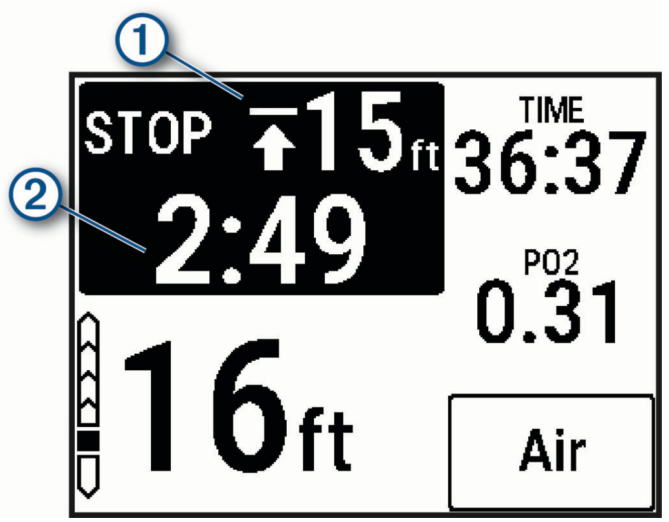
Switching Gases During a Dive

1. Start a **Scuba** dive activity.
2. Press **ENTER**, and select **Switch Gas**.
3. Select a backup gas.
   NOTE: If necessary, you can select Add New and enter a new gas.

Performing a Safety Stop

You should perform a safety stop during every dive to help reduce the risk of decompression sickness.

1. After a dive of at least 11 m (35 ft.), ascend to 5 m (15 ft.).
   Safety stop information appears on the data screens.



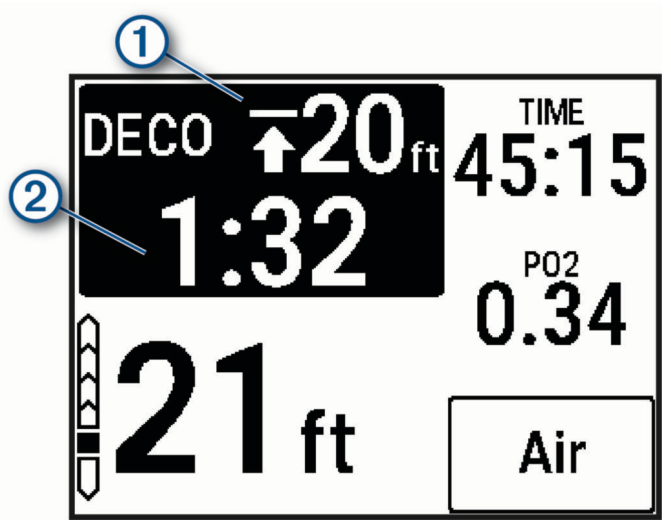
1	The safety stop ceiling depth.
2	The safety stop timer. When you are within 1 m (5 ft.) of the ceiling depth, the timer starts counting down.

2. Stay within 2 m (8 ft.) of the safety stop ceiling depth until the safety stop timer reaches zero.
   NOTE: If you ascend more than 3 m (8 ft.) above the safety stop ceiling depth, the safety stop timer pauses, and the device alerts you to descend below the ceiling depth. If you descend below 11 m (35 ft.), the safety stop timer resets.
3. Continue ascending to the surface.

Performing a Decompression Stop

You should always perform all the required decompression stops during a dive to help reduce the risk of decompression sickness. Missing a decompression stop adds significant risk.

1. When you exceed the no-decompression limit (NDL) time, begin your ascent.
   Decompression stop information appears on the data screens.



①	The decompression stop ceiling depth.
②	The decompression stop timer.

2 Stay within 0.6 m (2 ft.) of the decompression stop ceiling depth until the decompression stop timer reaches zero.

NOTE: If you ascend more than 0.6 m (2 ft.) above the decompression stop ceiling depth, the decompression stop timer pauses, and the device alerts you to descend below the ceiling depth. The depth and ceiling depth flash until you are within the safe margin.

3 Continue ascending to the surface or the next decompression stop.

Using the Dive Stopwatch

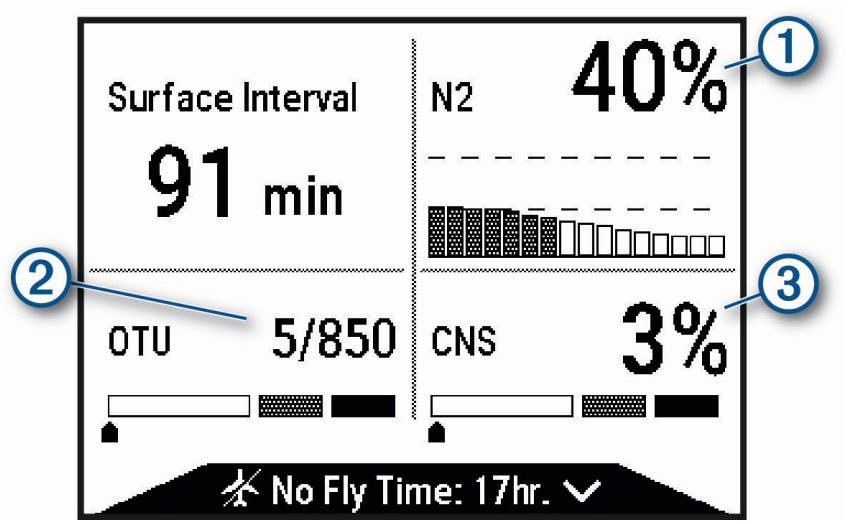
1 Start a dive.
2 Press **ENTER**.
3 Select **Stopwatch** > **Start Stopwatch**.
4 Select an option:
- To stop using the stopwatch, press **ENTER**, and select **Stopwatch** > **Stop Stopwatch**.
- To resume a stopped stopwatch,press **ENTER**, and select **Stopwatch** > **Start Stopwatch**
- To restart a running stopwatch, press **ENTER**, and select **Stopwatch** > **Restart Stopwatch**.
- To reset a stopped stopwatch, press **ENTER**, and select **Stopwatch** > **Reset Stopwatch**.

Viewing the Surface Interval App

The surface interval app shows your nitrogen (N2) tissue load level, current oxygen toxicity units (OTU), and central nervous system (CNS) percentage.

NOTE: The OTU accumulated during a dive expire after 24 hours. For more information about the National Oceanic and Atmospheric Administration (NOAA®) OTU guidelines and calculations, see garmin.com/dive/cns-otu.

1 Select **SI**.



1	White: 0 to 79% tissue load. Grey: 80 to 99% tissue load. Black: 100% or greater tissue load.
2	White: Under the NOAA recreational limit. Grey: NOAA recreational limit. Black: NOAA military limit
3	White: 0 to 79% CNS oxygen toxicity. Grey: 80 to 99% CNS oxygen toxicity. Black: 100% or greater CNS oxygen toxicity.

2 Press **NEXT** to view your no-fly time remaining and the time of day the no-fly period ends.

Viewing the Dive Log App

The dive log app displays summaries of your recently recorded dives.

1 Select **Dive Log** to view your most recent dive.
2 If necessary, press **NEXT** to select a different dive.
3 Press **ENTER** to view an overview and depth graph of the activity.
4 Select an option:
- To view additional information about one of multiple apnea dives in the activity, select **Dives**, and select a dive.
- To view a timeline of significant events for the dive, such as when you reached your maximum depth and when a decompression stop began, select **Events**.
- To view a temperature graph for the dive, select **Temperature**.
- To view additional information for the dive, select **All Stats**.
- To save the dive record and generate a PDF summary of your dive, select **Menu** > **QR Code**, and scan the code.
- To remove the activity from your dive computer, select **Menu** > **Delete**.

  NOTE: Deleting an activity from the dive log app does not impact tissue loading calculations.

Dive Planning

You can plan for future dives using your dive computer, such as calculating your breathing gas or no-decompression limit (NDL) times.

Calculating NDL Time

You can calculate the no-decompression limit (NDL) time or maximum depth for a future dive. These calculations are not saved or applied to your next dive.

1 From the home screen, scroll down to the extended app list.

2 Select **Plan Dive** > **Compute NDL**.
3 Select an option:
   - To calculate NDL based on your current tissue load, select **Diving Now**.
   - To calculate NDL based on your tissue load at a future time, select **Enter Surf. Interval**, and enter your surface interval time.
4 Enter an oxygen percentage.
5 Select an option:
   - To calculate the NDL time, select **Enter Depth**, and enter the planned depth for your dive.
   - To calculate the maximum depth, select **Enter Time**, and enter your planned dive time.

   The NDL countdown clock, depth, and maximum operating depth (MOD) appear.

   NOTE: If the planned depth exceeds the MOD of the dive computer or the breathing gas, a warning message appears.
6 Press **ENTER**.
7 Select an option:
   - To exit, select **Done**.
   - To add intervals to your dive, select **Add Repeat Dive**, and follow the on-screen instructions.

Calculating Your Breathing Gas

You can calculate the PO2 value, oxygen percentage, or maximum depth for a dive by adjusting two of the three values. The calculations are affected by the water type setting in the Dive Setup menu (*Dive Setup*, page 6).

1 From the home screen, scroll down to the extended app list.
2 Select **Plan Dive** > **Calculate Gas**.
3 Press **PREV** or **NEXT**, and select an option to calculate:
   - Select **PO2**.
   - Select **O2%**.
   - Select **Depth**.
4 Press **PREV** or **NEXT** to edit the first value.
5 Press **ENTER**, then press **PREV** or **NEXT** to edit the second value.

   As you edit the values, the device calculates an adjusted value for the highlighted option.
6 If necessary, press **BACK** to calculate the value for a different option.

Altitude Diving

At higher altitudes, the atmospheric pressure is lower, and your body contains a larger amount of nitrogen than it would at the start of a dive at sea level. The dive computer accounts for altitude changes automatically using the barometric pressure sensor. The absolute pressure value used by the decompression model is not affected by the altitude or the gauge pressure displayed on the dive computer.

Resetting the Surface Pressure

The device automatically determines the surface pressure using the barometric altimeter. Large pressure changes, such as during a flight, can cause the dive computer to automatically start a dive activity. If the dive computer starts a dive activity incorrectly, you can reset the surface pressure by connecting the dive computer to a computer. If you do not have access to a computer, you can reset the surface pressure manually.

1 Hold **BACK** until the dive computer turns off.
2 When the device turns back on, wait for the product name to appear.
3 Hold **NEXT** until you are prompted to reset the surface pressure.
4 Select ✓.

Dive Alerts

Alert Message	Cause	Dive Computer Action
None	You completed the decompression stop.	The decompression stop depth and time flash.
None	Your partial pressure of oxygen (PO2) value is above the specified warning value.	Your PO2 value flashes.

Alert Message	Cause	Dive Computer Action
%1 OTU accumulated.	Your oxygen toxicity units are above the safe limit. During a dive, "%1" is replaced with the number of units accumulated.	The alert appears every two minutes, up to three times.
5 minutes to NDL.	You have 5 minutes of no decompression limit (NDL) time remaining.	None
10 minutes to NDL.	You have 10 minutes of no decompression limit (NDL) time remaining.	None
Approaching deco stop.	You are within one stop interval (3 m or 9.8 ft.) of the decompression stop depth.	None
ASCEND OR SWITCH GAS PO2 is high.	Your PO2 value is above the specified critical value.	Your PO2 value flashes. The alert appears every 30 seconds, up to three times, until you ascend to a safe level.
Battery is low.	Less than 20% battery power remains.	The alert appears when the dive computer is below 20% battery power.
Decompression cleared.	You completed all decompression stops.	None
DESCEND OR SWITCH GAS PO2 is low.	Your PO2 value is below 0.18 bar.	Your PO2 value flashes. The alert appears every 30 seconds, up to three times, until you descend to a safe level or switch gases.
DESCEND TO %1 You are above your deco ceiling.	You are more than 0.6 m (2 ft.) above the decompression ceiling. During a dive, "%1" is replaced with the depth you should descend to.	The current depth and stop depth flashes and a warning symbol appears next to the stop depth.
Descend to complete safety stop.	You are more than 2 m (8 ft.) above the safety stop ceiling.	The current depth is highlighted and the safety stop timer pauses.
Dive will end in %1 seconds.	The dive computer will automatically end and save the dive. During a dive, "%1" is replaced by the number of seconds.	None
Do not dive. Failed to read depth sensor.	The dive computer has invalid or missing depth sensor data before you start a dive activity.	Do not start a dive. Call Garmin® Product Support.
EVALUATE DIVE CONDITIONS Dive computer was rebooted.	The dive computer rebooted during the dive.	The dive computer simulates the dive for the time it was rebooting. Since other alerts may not have been triggered, evaluate your current depth and dive conditions.
NDL exceeded. Deco required.	You have exceeded your NDL time.	The dive computer begins providing decompression stop guidance.
SAFELY END DIVE Battery critically low.	Less than 10% battery power remains.	The alert appears when the dive computer is below 10% battery power.
SAFELY END DIVE Dive computer error.	The computer encountered an issue that it could not recover from.	Use a backup dive computer or dive plan and end your dive. Residual tissue loading was cleared. If the issue continues, call Garmin Product Support.
SAFELY END DIVE Failed to read depth sensor.	The dive computer has invalid or missing depth sensor data after you have started a dive activity.	Use a backup dive computer or dive plan and end your dive. Call Garmin Product Support.
Safety stop cleared.	You completed the safety stop.	None
Safety stop started.	You ascended above 6 m (20 ft.) without other decompression guidance.	The safety stop countdown timer begins, if configured.
SLOW YOUR ASCENT Ascending too fast.	You are ascending faster than 18.2 m/min. (60 ft./min.) for more than 10 seconds.	None
This pool dive will not be saved to the dive log.	The dive computer is in pool dive mode.	The dive computer will not save the current dive to the dive log.

Dive Terminology

Central nervous system (CNS): A measure of central nervous system oxygen toxicity caused by exposure to increased partial pressure of oxygen (PO2) while diving.

Maximum operating depth (MOD): The greatest depth at which a breathing gas can be used before the partial pressure of oxygen (PO2) exceeds the safe limit.

No decompression limit (NDL): A dive that does not require decompression time while ascending to the surface.

Oxygen toxicity units (OTU): A measure of pulmonary oxygen toxicity caused by exposure to increased partial pressure of oxygen (PO2) while diving. One OTU is equivalent to breathing 100% oxygen at 1 ATM for 1 minute.

Partial pressure of oxygen (PO2): The pressure of the oxygen in the breathing gas, based on depth and oxygen percentage.

Surface interval (SI): The amount of time that has elapsed since the completion of the last dive.

Time to surface (TTS): The estimated amount of time required to safely ascend to the surface.

⚠ CAUTION

Decompression stops are included in the calculations, but safety stops are not.

Connectivity

Connectivity features are available for your dive computer when you pair with your compatible phone (*Pairing Your Phone*, page 17).

Phone Connectivity Features

Phone connectivity features are available for your Descent™ dive computer when you pair it using the Garmin Dive™ app (*Pairing Your Phone*, page 17).

Data uploads to the Garmin Dive app: Automatically syncs your data with the Garmin Dive app and your Garmin Connect™ account.

Software updates: Downloads and installs the latest software.

Automatic time updates: Updates the time on the dive computer based on the time zone of your paired phone.

Entry and exit locations: Records the entry and exit locations of your dive using your paired phone's location.

Pairing Your Phone

To use the connected features on your dive computer, you must pair it directly through the Garmin Dive™ app, instead of from the Bluetooth® settings on your phone.

1. Select an option:
   - During the initial setup on your dive computer, scan the QR code with your phone.
   - If you previously skipped the pairing process, scroll down from the home screen to view the extended app list, select **Settings** > **Connectivity** > **Phone** > **Pair Phone**, and scan the QR code with your phone.
2. Follow the on-screen instructions to complete the pairing and setup process.

Garmin Dive™ App

The Garmin Dive app allows you to upload your dive logs from your compatible Garmin® device. You can add more detailed information about your dives, including environmental conditions, photos, notes, and dive buddies. You can use the map to browse for new dive locations, and view the location details and photos shared by other users.

The Garmin Dive app syncs your data with your Garmin Connect™ account. You can download the Garmin Dive app from the app store on your phone (garmin.com/diveapp).

Dive Simulations

Your Descent™ X10 dive computer supports dive simulator mode through the Garmin Dive™ app. In dive simulator mode, you can experiment with dive scenarios and dive features and see how the dive computer will behave while still safely on the surface.

Simulating a Dive

Before you can simulate a dive, you must pair your dive computer with the Garmin Dive™ app (*Pairing Your Phone*, page 17).

While in dive simulator mode, any settings that you update will be retained when you exit dive simulator mode, but dive logs are not saved.

1. In the Garmin Dive app, select ••• > **Garmin Devices**, and select your device.
2. Select **Dive Simulator** > **Dive Simulation**.

   The dive computer saves a copy of your current tissue load, so simulated dives don't impact future dives. You can use the dive computer as if you were in a real dive (*Going Diving*, page 10).
3. In the Garmin Dive app, select an option:
   - To change the target depth, select **Depth**, and select a value.
   - To increase the speed of the simulation, select **Time Multiplier**, and select a value.
   - To pause the simulation, select **Pause Time**.
   - To change the rate of ascent or descent toward the target depth, select **Ascent Rate** or **Descent Rate**, and select a value.
4. Select an option to end the dive simulation:
   - On the dive computer, press **ENTER**, and select **End Dive Simulation**.
   - In the Garmin Dive app, set the **Depth** to zero, and wait for the **DIVE END** timer to elapse. You can also toggle off a dive simulation from the app.
5. On the dive computer, select **SI** to view the surface interval app with simulated tissue loading (*Viewing the Surface Interval App*, page 12).

6 In the Garmin Dive app, select **Surface Interval** between simulated dives to simulate a surface interval or clear the simulated tissue load entirely (optional).
7 Select **Dive Simulation** to stop simulating tissue loading. Your actual tissue loading will be restored.

Settings

From the home screen, scroll down to the extended app list, and select **Settings**.

Dive Setup: Customizes the dive settings (*Dive Setup*, page 6).

Sound and Vibe: Sets the dive computer sounds, such as button tones, alerts, and vibrations.

Display: Adjusts the screen settings (*Display and Brightness Settings*, page 19).

Connectivity: Opens the connectivity settings for connecting to other devices (*Connectivity*, page 17).

System: Sets the system settings, such as device language, units of measure, and time format (*System Settings*, page 19).

Display and Brightness Settings

From the home screen, scroll down to the extended app list, and select **Settings** > **Display**.

Backlight: Adjusts the backlight brightness and screen timeout settings.

Flip Screen: Rotates the screen by 180 degrees, and reverses the button functions.

Custom Standby Text: Customizes the text to display on the standby screen.

System Settings

From the home screen, scroll down to the extended app list, and select **Settings** > **System**.

Language: Sets the language displayed on the dive computer.

Units: Sets the units of measure for depth and temperature readings.

Time & Date: Sets the time and date format and time zone.

Passcode: Sets a four-digit passcode to secure your personal information (*Setting Your Device Passcode*, page 19).

Check for Updates: Install any downloaded software updates from the Garmin Dive™ app.

Advanced: Opens the advanced settings menu where you can enable rental mode, set the USB mode, or shut down and reboot the device (*Advanced System Settings*, page 19).

Reset: Resets tissues, deletes data, and resets settings (*Resetting All Default Settings*, page 20).

About: Displays device, software, license, and regulatory information.

Advanced System Settings

From the home screen, scroll down to the extended app list, and select **Settings** > **System** > **Advanced**.

Rental Mode: Puts the device into rental mode (*Enabling Rental Mode*, page 21).

USB Mode: Sets the device to use MTP (media transfer protocol) or Garmin® mode when connected to a computer.

Shut Down: Manually shuts down the device (*Turning Off the Device*, page 20).

Reboot: Starts a system reboot of the device.

Setting Your Device Passcode

NOTICE

If you enter your passcode incorrectly three times, the dive computer locks temporarily. After five incorrect attempts, the dive computer locks until you reset your passcode in the Garmin Dive™ app. If you have not paired your dive computer with your phone, the dive computer deletes your data and resets to the factory default settings after five incorrect attempts.

You can set up a passcode to secure your personal information.

TIP: After setting up a passcode, you can still start a dive without entering the passcode.

1. From the home screen, scroll down to the extended app list.
2. Select **Settings** > **System** > **Passcode** > **Set Passcode**.
3. Enter a four-digit passcode.

By default, you must enter the passcode immediately after you turn on or wake up the dive computer. You can set a time interval before a passcode is required using the Require Passcode setting.

Changing Your Device Passcode

You must know your existing passcode to change it. If you forget your passcode or make too many incorrect passcode attempts, you must reset it in the Garmin Dive™ app.

1. From the home screen, scroll down to the extended app list.
2. Select **Settings** > **System** > **Passcode** > **Change Passcode**.

3 Enter your existing four-digit passcode.
4 Enter a new four-digit passcode.

Turning Off Your Device Passcode

You must know your existing passcode to change it. If you forget your passcode or make too many incorrect passcode attempts, you must reset it in the Garmin Dive™ app.

1 From the home screen, scroll down to the extended app list.
2 Select **Settings** > **System** > **Passcode** > **Off**.
3 Enter your existing four-digit passcode.

The dive computer turns off the passcode option.

Turning Off the Device

Your dive computer automatically enters standby mode when not in use, but you can manually turn off the device for long-term storage.

1 From the home screen, scroll down to the extended app list.
2 Select **Settings** > **System** > **Advanced** > **Shut Down**.
3 Press **ENTER**.
The dive computer turns off.

By default, the dive computer enters standby mode rather than fully powering down, and it automatically turns on when you start a dive. When the dive computer is fully powered off, the auto-dive feature is disabled, and you must hold the BACK button to turn on the device. Dives will not start automatically when the deice is fully powered off.

Standby Mode

To conserve battery life, the dive computer goes into standby mode when not in use. You can wake the device by pressing any of the buttons. The device also wakes when you begin a dive once it detects a pressure increase as you begin your descent.

Manually Restarting the Device

If your dive computer stops responding, you can force the dive computer to restart. This does not erase any of your data or settings.

Hold the **BACK** button for approximately 12 seconds.

The dive computer restarts.

Changing the Device Language

You can change the device language selection if you have accidentally selected the wrong language on the dive computer.

1 From the home screen, scroll down to the extended app list.
2 Select ⚙.
3 Scroll down to the last item in the list, and press **ENTER**.
4 Press **ENTER**.
5 Select your language.

Resetting All Default Settings

Before you reset all default settings, you should sync the dive computer with the Garmin Dive™ app to upload your dive data.

You can reset all of the device settings to the factory default values.

1 From the home screen, scroll down to the extended app list.
2 Select **Settings** > **System** > **Reset**.
3 Select an option:
- To reset all of the device settings to the factory default values and save all user-entered information and activity history, select **Reset Default Settings**.
- To delete your tissue load data for scuba diving, select **Reset Tissues**.

NOTE: You should reset your tissue load only if you do not plan to use the dive computer again in the near future. This can be useful for dive shops that provide dive computers for rent (*Enabling Rental Mode*, page 21).

- To reset all of the device settings to the factory default values and delete all user-entered information and activity history, select **Delete Data and Reset Settings**.

Viewing Device Information

You can view device information, such as the unit ID, software version, regulatory information, and license agreement.

1. Hold **BACK**.
2. Select **Settings** > **System** > **About**.

Viewing E-label Regulatory and Compliance Information

The label for this device is provided electronically. The e-label may provide regulatory information, such as identification numbers provided by the FCC or regional compliance markings, as well as applicable product and licensing information.

1. Hold **BACK**.
2. From the settings menu, select **System**.
3. Select **About**.

Enabling Rental Mode

The rental mode feature is intended for dive shops renting out dive computers for temporary use. While in rental mode, the dive computer displays a simplified interface for beginner divers.

Entering rental mode will erase any saved dive logs and other personalized settings on your device. It will maintain any paired devices connected to the dive computer.

TIP: Renters can export their dive logs to a PDF file before they end their rental (*Viewing the Dive Log App*, page 13).

1. From the home screen, scroll down to the extended app list.
2. Select **Settings** > **System** > **Advanced** > **Rental Mode** > **Set Up Rental Device**.
3. Confirm that you want to delete all data and enter rental mode.
4. Set an administrator passcode, and confirm it.

The dive computer is in rental mode.

Rental Mode Settings

When in rental mode, you can access the rental mode settings from the administrator menu. From the Ready to Rent screen, select ⚙, enter your passcode, and select Rental Setup. During a rental session, hold **BACK**, select ⚙, enter your passcode, and select **Rental Setup**.

NOTE: If a rental session is in progress, some rental mode settings are disabled. You must end the current rental session before you can access all administrator settings (*Ending the Current Rental*, page 21).

Passcode: Resets the four-digit passcode to access the rental mode administrator settings.
Mode: Sets the rental mode. Standard mode enables all dive features, while Basic mode only offers a limited set of features intended for novice divers.
Allowed Dive Settings: Displays a list of dive settings that you can enable for renters when using the Basic rental mode.
Device Usage: Shows device usage data across all rentals.
Shop Customization: Customizes the dive shop name and device label to display on the Ready to Rent screen.
Advanced: Exits rental mode on the dive computer (*Disabling Rental Mode*, page 21).
Transfer Rental Settings: Sends or receives rental settings between dive computers (*Sharing Dive Settings Between Devices*, page 8).

Ending the Current Rental

1. Open the **Shop Admin** menu from the home screen.
2. Enter your administrator passcode.
3. Select **End Rental**.
4. Select if you want to restore settings used before the rental.
   - Select **Yes** to clear any saved data and return to the previously configured device settings before starting the current rental.
   - Select **No** to clear any saved data but keep any edits made to the device settings during the last rental.

Disabling Rental Mode

If you no longer want to use the device for rentals, you can turn off the rental mode feature.

1 From the **Ready to Rent** screen, select ⚙.
2 Enter your administrator passcode.
3 Select **Rental Setup** > **Advanced** > **Exit Rental Mode**.
4 Confirm that you want to clear all dive logs and settings when you exit rental mode.

The device resets the default settings and returns to standard mode.

Clocks

Setting an Alarm

You can set multiple alarms.

1. From the home screen, scroll down to the extended app list.
2. Select **Clocks** > **Alarms**.
3. Select an option:
   - To set and save an alarm for the first time, select **Add New**, and enter the alarm time.
   - To turn a saved alarm on or off, select the alarm.
   - To edit a saved alarm, select **Edit**, and select an alarm (*Editing an Alarm*, page 23).

Editing an Alarm

1. Select **Clocks** > **Alarms** > **Edit**.
2. Select an alarm.
3. Select an option:
   - To turn the alarm on or off, select **Status**.
   - To change the alarm time, select **Time**.
   - To set the alarm to repeat regularly, select **Repeat**, and select when the alarm should repeat.
   - To select the type of alarm notification, select **Sound and Vibe**.
   - To delete the alarm, select **Delete**.

Using the Countdown Timer

1. From the home screen, scroll down to the extended app list.
2. Select **Clocks** > **Timers**.
3. If you have never saved a timer, enter the time using the **PREV** and **NEXT** buttons.
4. If you previously saved a timer, select an option:
   - To set a new countdown timer without saving it, select **Quick Timer**, and enter the time.
   - To set and save a new countdown timer, select **Add New**, and enter the time.
   - To set a saved countdown timer, select the saved timer.
5. Select ▶ to start the timer.
6. If necessary, select an option:
   - To stop the timer, select ■.
   - To resume a stopped timer, select ▶.
   - To reset the timer, select ↶.
   - To automatically restart the timer after it expires, select ☰ > **Auto Restart** > **On**.
   - To edit the timer's sound or vibration, select ☰ > **Sound and Vibe**.
   - To save the timer, select ☰ > **Save Timer**.
   - To delete the timer, select ☰ > **Delete**.

Using the Stopwatch on the Surface

You can use the stopwatch on the surface. When you start a dive, the stopwatch continues running (*Using the Dive Stopwatch*, page 12).

1. From the home screen, scroll down to the extended app list.
2. Select **Clocks** > **Stopwatch**.
3. Select ▶ to start the stopwatch.
4. Select ■ to stop the stopwatch.
5. Select ↶ to reset the stopwatch.

Device Information

Charging the Dive Computer

⚠ WARNING

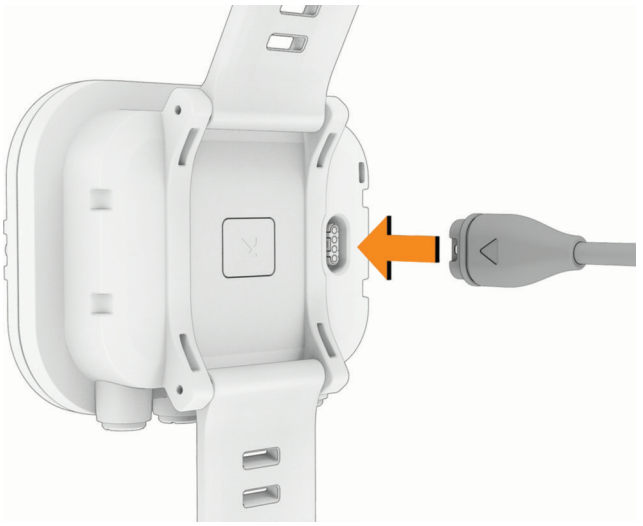
This device contains a lithium-ion battery. See the *Important Safety and Product Information* guide in the product box for product warnings and other important information.

NOTICE

To prevent corrosion, thoroughly clean and dry the contacts and the surrounding area before charging or connecting to a computer. Refer to the cleaning instructions.

Your device comes with a proprietary charging cable. For optional accessories and replacement parts, go to garmin.com, or contact your Garmin® dealer.

1 Plug the cable (▲ end) into the charging port on your dive computer.



2 Plug the other end of the cable into a USB-C® charging port or AC adapter (5 W minimum power rating).
The dive computer displays the current battery charge level.

Wearing the Dive Computer

The dive computer has an extra long band that can be worn over a thick exposure suit.

1 Fasten the dive computer onto your wrist.

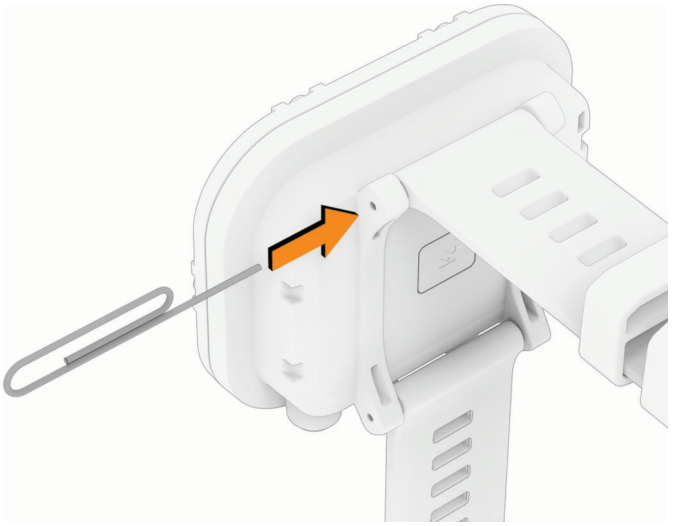
2 If necessary, route the end of the long band back through the top channel in the band keepers.



Changing the Bands

You can replace the bands with new Descent™ X10 bands or compatible QuickFit® 26 mm bands.

1 Use a paper clip to push in one of the band pins, and remove the band from the device.



2 Select an option:

- To install a new Descent X10 band, align one side of the new band with the holes on the dive computer, push in the exposed pin, and press the band into place.



NOTE: Make sure the band is secure. The pin should align with the holes on the dive computer.

- To install a compatible QuickFit band, remove the pin from the Descent X10 band, replace the pin on the dive computer, and press the new band into place.

NOTE: Make sure the band is secure. The latch should close over the pin.

3 Repeat the steps to change the other band.

Specifications

Battery type	Rechargeable, built-in lithium-ion battery
Water rating	10 ATM[1] Dive (EN 13319)[2]
Decompression model	Bühlmann ZHL-16C
Operating and storage temperature range	From -20° to 45°C (from -4° to 113°F)
Underwater operating temperature range	From 0° to 40°C (from 32° to 104°F)
Charging temperature range	From 0° to 45°C (from 32° to 113°F)
Wireless frequency and transmit power	2400 - 2483,5 MHz: < 13 dBm

[1] The device withstands pressure equivalent to a depth of 100 m. For more information, go to www.garmin.com/waterrating.

[2] Designed to comply with CSN EN 13319.

Depth sensor	Accurate from 0 m to 100 m (0 ft. to 328 ft.) complying with EN 13319 Resolution (m): 0.1 m until 99.9 m, 1 m at 100 m Resolution (ft.): 1 ft.
Inspection interval	Inspect parts before each use for damage. Replace parts as needed.[1]

Battery Information

The actual battery life depends on the device mode.

Mode	Battery Life
Dive mode	Up to 50 hours
Standby mode	Up to 6 months

Device Care

NOTICE

Do not use a sharp object to clean the device.

Avoid chemical cleaners, solvents, and insect repellents that can damage plastic components and finishes.

Thoroughly rinse the device with fresh water after exposure to chlorine, salt water, sunscreen, cosmetics, alcohol, or other harsh chemicals. Prolonged exposure to these substances can damage the case.

Do not wash the device under high pressure, because jets of water or air may cause damage to the depth sensor or barometer.

Avoid extreme shock and harsh treatment, because it can degrade the life of the product.

Do not store the device where prolonged exposure to extreme temperatures can occur, because it can cause permanent damage.

Discontinue use if the device is damaged or if it is stored at a temperature outside the specified storage temperature range.

Cleaning the Device

⚠ CAUTION

Some users may experience skin irritation after prolonged use of the dive computer, especially if the user has sensitive skin or allergies. If you notice any skin irritation, remove the dive computer and give your skin time to heal. To help prevent skin irritation, ensure the dive computer is clean and dry, and do not overtighten the dive computer on your arm.

NOTICE

Even small amounts of sweat or moisture can cause corrosion of the electrical contacts when connected to a charger. Corrosion can prevent charging and data transfer.

TIP: For more information, go to garmin.com/fitandcare.

1. Rinse with water, or use a damp lint-free cloth.
2. Allow the dive computer to dry completely.

Data Fields

NOTE: Not all data fields are available for all dive modes. Some data fields appear in more than one category on the dive computer.

Name	Description
Ascent Rate	The current rate of ascent toward the surface.
Average Depth	The average depth descended during a dive.
Avg Temperature	The average temperature during the dive.
Battery Percentage	The percentage of the battery power remaining.
Battery, Time, & Temp.	The percentage of the battery power remaining, the time of day based on your current location and time settings (format, time zone, daylight saving time), and the temperature of the air.

[1] Aside from normal wear and tear, performance is not affected by aging.

Name	Description
Dive Number	The number of dives you have completed.
L. Dive Ascent Time	The amount of time you spent ascending to the surface during the last dive.
L. Dive Avg. Asc. Rate	The average rate of ascent during the last dive.
L. Dive Avg. Desc. Rate	The average rate of descent during the last dive.
L. Dive Avg Temp	The average temperature during the last dive.
Last Dive Depth	The maximum depth achieved during the last dive.
L. Dive Descent Time	The amount of time you spent descending to the maximum depth during the last dive.
L. Dive Hang Time	The amount of time you spent neither ascending nor descending during the last dive.
L. Dive Max Asc. Rate	The maximum rate of ascent during the last dive.
L. Dive Max Desc. Rate	The maximum rate of descent during the last dive.
L. Dive Max Temp	The maximum temperature during the last dive.
L. Dive Min Temp	The minimum temperature during the last dive.
Last Dive Time	The amount of time you spent below the surface during the last dive.
Maximum Depth	The maximum depth descended during a dive.
Max Temperature	The maximum temperature during the activity.
Min Temperature	The minimum temperature during the activity.
NDL ↑3M / NDL ↑10FT	Your No Decompression Limit (NDL) time if you ascend 3 m (10 ft.) from your current depth.
NDL ↓3M / NDL ↓10FT	Your NDL time if you descend 3 m (10 ft.) from your current depth.
NDL Δ 3M / NDL Δ 10FT	Your NDL time if you ascend or descend 3 m (10 ft.) from your current depth.
None	This is a blank data field.
Stopwatch	The stopwatch time for the current dive.
Surface Time	The amount of time elapsed since surfacing from a dive.
Temperature	The temperature of the water. Your body temperature affects the temperature sensor.
Time of Day	The time of day based on your current location and time settings (format, time zone, daylight saving time).
Time of Day (Seconds)	The time of day including seconds.
Time to Surface	The amount of time required to safely ascend to the surface, including decompression stops.
Total Dive Time	The total amount of time spent below the surface during the dive activity.
TTS @ +5 min.	The amount of time required to safely ascend to the surface if you remain at your current depth for five minutes.
TTS Δ +5 min.	The difference between the amount of time required to safely ascend to the surface, and the amount of time required to safely ascend to the surface if you remain at your current depth for five minutes.

Product Updates

On your computer, install Garmin Express™ (www.garmin.com/express). On your phone, install the Garmin Dive™ app.

This provides easy access to these services for Garmin® devices:

- Software updates
- Data uploads to Garmin Dive
- Product registration

Getting More Information

You can find more information about this product on the Garmin® website.

- Go to **support.garmin.com** for additional manuals, articles, and software updates.
- Go to **garmin.com**, or contact your Garmin dealer for information about optional accessories and replacement parts.

support.garmin.com

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